



MAKING TIME FOR TREATMENT

# 7<sup>TH</sup> UK/EUROPEAN SYMPOSIUM ON ADDICTIVE DISORDERS, LONDON

BRINGING TOGETHER ADDICTION PROFESSIONALS TO EXCHANGE PRACTICE PERSPECTIVES

EUROPE'S LARGEST CONFERENCE ON ADDICTION TREATMENT 13, 14, 15 MAY 2010

## BUILDING BRIDGES: HOW TO RECOVER FROM ADDICTION

incorporating

The Inaugural *Bridges to Recovery* Walk, InExcess TV live shows, optional dinner

### ORGANISED BY:

Deirdre Boyd of *Addiction Today*/Addiction Recovery Foundation, Anthony Massouras of Mimosa/Linwood Group, Dave Mulvaney of RAPT, John Southworth of Southworth Associates, Niels Olsen, Melissa Gordon/Suzanne Gooch/Kat Demeanour of ARF, Tom Bruce of UKPCBAD/C&R&C-CEUs.



## 2010 MAJOR INTERNATIONAL SPONSORS INCLUDE:

ADDICTION TODAY... ADDICTION RECOVERY FNDN... REHABILITATION FOR ADDICTED PRISONERS' TRUST... LINWOOD GROUP... CASTLE CRAIG HOSPITAL... PROMISES TREATMENT CENTERS... BEHAVIORAL HEALTH OF THE PALM BEACHES... ADCARE... SEABROOK HOUSE... PRIORY HEALTHCARE... FOUNDATIONS RECOVERY NETWORK... SIERRA TUCSON... MONTROSE... CROSSROADS ANTIGUA... BAC O'CONNOR... C4 RECOVERY SOLUTIONS... HAZELDEN

- We look forward to seeing friends old and new, to the 'buzz' of like minds, and exchanging international expertise at this unique multidisciplinary event, via our 40 presentations hosted by about 60 national and international speakers.
- Network with 500 attendees from five continents.
- Topics include family-of-origin issues, long-term sustainable recovery, relapse prevention, brief interventions, commissioning/DAAT clinics, policies for the next government – and much more.
- Day-long workshop on 'accountability training' to increase client therapeutic successes, even with offenders – led by Stephen Valle, who features in the Cover Story of January 2010 *Addiction Today*.
- Interventionists from the renowned A&E *Interventions* TV programme and AIS explain what they look for in a treatment programme, how to set up an interventions business – and help addicted families.
- Process addictions such as sexual compulsivity are also covered.
- Session topics include self-care for alcohol/drug-treatment workers.
- InExcess TV will film throughout, to give delegates publicity.
- Presentations, presenters, exhibitor floorplan, accommodation and other details are updated continuously at [www.ukesad.org](http://www.ukesad.org).
- Book and pay before 31 March 2010 to get 'early bird' discounts on delegate bookings – which are already subsidised by our sponsors!



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incorporating The first London *Bridges to Recovery* Walk, InExcess TV shows, optional dinner

**ADDICTION TODAY  
& the  
ADDICTION  
RECOVERY FOUNDATION**

are proud to welcome you to the  
7<sup>TH</sup> UK/European Symposium  
on Addictive Disorders

Enjoy the 'buzz' from about 500 attendees,  
unique networking, discussions with leaders  
in the field, exchange of national and  
international knowledge,  
the food, exhibits, music, play,  
your free magazine and much more –  
including time to gain training credits.

**RECLAIMING LIVES. FOR LIFE**  
charity no 328133



## CONTINUING EDUCATION CREDITS: INTERNATIONALLY RECOGNISED 'GOLD STANDARD' QUALIFICATIONS

A certificate of attendance will be provided for delegates wishing to apply for Continuing Education Credits. The symposium is accredited by UKPCBADDC, the UK Professional Certification Board of Alcohol/Drug Counsellors, a member board of the 'gold standard' IC&RC International Certification & Reciprocity Consortium of Alcohol & Drug Counsellors. These credits are internationally recognised in about 69 countries, including the US, Canada and Europe. The UKESAD attendance certificate is also recognised by a range of accrediting bodies throughout the UK, including Fdap.

### WE ARE GRATEFUL TO OUR SPONSORS:

Their generous contributions subsidise this symposium/delegate rates so that more professionals and trainees in the field can benefit from world-class experts, exchange knowledge and best practice, and network with like-minded colleagues, raising standards for the ultimate benefit of addicts and their families seeking recovery.

### MAJOR SPONSORS INCLUDE:

Addiction Today... Addiction Recovery Fndn... RAPt... Adcare...  
Linwood Group... Hazelden... Seabrook House...  
Castle Craig Hospital... Promises Treatment Centers...  
Behavioral Health of the Palm Beaches... Montrose...  
Foundations Recovery Network... C4... Crossroads Antigua...  
Sierra Tucson... BAC O'Connor... Priory Healthcare...

#### Nearest Tube stations:

Tower Hill, Monument, Aldgate.

#### Nearest railway stations:

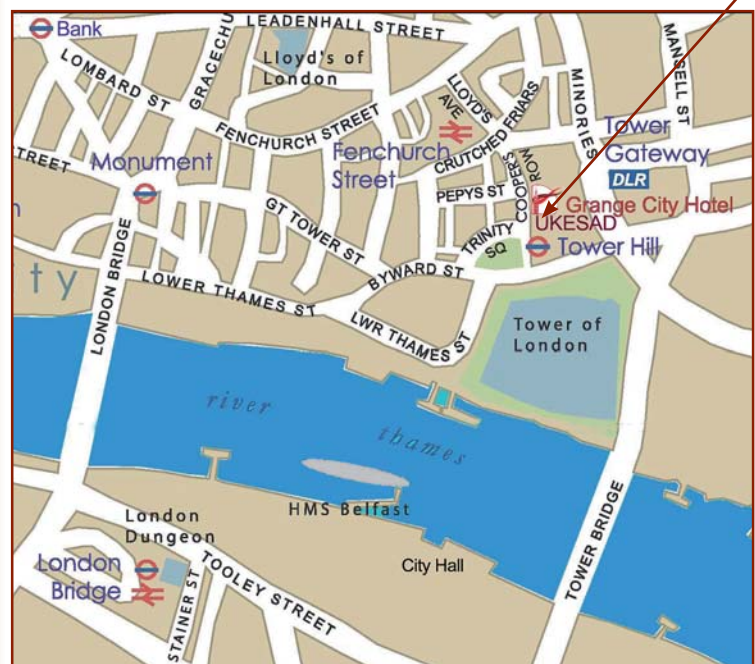
Fenchurch Street, Liverpool Street (Eurostar), Blackfriars, London Bridge.

#### Car parking:

Limited on-street parking; local car park two minutes from venue.

#### *Bridges to Recovery* – First London recovery walk:

From venue, through local area on map, back to venue.



## THURSDAY 13 MAY 2010

Each session will cover one or more of these: therapeutic issues, brief interventions, interventionism, policy, family work, professionals' selfcare.

**8.00-9.00am 'EARLY BIRD' SESSIONS CHOICE OF 2/3****ROUND-TABLE: EUROPE, SCANDINAVIA, MIDDLE EAST**

with Niels Olsen (Denmark), David DelaPalme (France), Tato Sainz (Spain), Paddy Creedon (Ireland), Mouna Yazigi (Beirut) & others

Addiction-treatment professionals outside the UK and US are usually pioneers with no national support. This session offers networking, recognition, validation and updates on common accreditation standards.

(The next two might move to 7am if delegates want to attend all three sessions)

**MINDFULNESS MEDITATION**

Facilitated by Kevin Griffin (us)

Take 15 minutes to calm and balance your emotions, while simultaneously recharging your energy to get the most out of your day, guided by a bestselling author on the topic of meditation and mindfulness.

**12-STEP MEETING** (closed meeting; open meeting is later in the day)

Hosted by John Southworth

After the Mindfulness Meditation, members of 12-step fellowships have the opportunity to share concerns and successes, large and small, and start the day with strong support.

**7.50-9.30am REGISTRATION & REFRESHMENTS**

Get your delegate bag with guides, raffle forms and other useful items.

**9.30-11am OPENING PLENARY**

**WELCOME AND INTRODUCTION:** by Deirdre Boyd

**BRIDGES TO THE NEXT GOVERNMENT**

Presented by David Burrowes, shadow Minister for Justice

2010 is the "year of recovery" – and a new government. What key changes are forecast, and will they help or hinder? Whichever party wins the election, this politician has the inside track to guide delegates through the year ahead.

**BRIDGES TO THE YOUNGER GENERATION**

Presented by Baroness Massey of Darwen

Identify and tackle problems facing children and young people, with insights from the expert chair of the All Party Parliamentary Group for Children.

**BUILDING BRIDGES – INCREASE FAMILY ACCESS TO TREATMENT**

with John Southworth, Ken Seeley, Rebecca Flood, Brad Lamm, Jane Mintz

Well-executed structured interventions result in a 92% success rate in getting addicts into appropriate, effective treatment. Our elite interventionists could fill all self-pay beds in UK treatment centres in the UK. They have flown in to share their expertise throughout the day, starting in this session.

**11.00-11.30am COFFEE & REFRESHMENTS**

- Book signings by UKESAD presenters who are also bestsellers. →
- Complimentary head/shoulder massages by Françoise Thomas of Ki Energy.

**A BROAD AND VARIED AGENDA**

Each presentation and workshop at this symposium addresses one or more of the four core themes below, with national and international contributions so that we can share knowledge and experience of good practice and leading-edge approaches – and pitfalls to avoid.


- intensive therapeutic effectiveness and family-of-origin issues
- brief interventions – for addicts, families of addicts, and as a career
- therapeutic accountability models for prisoners and the community
- policies and trends for all with the next government
- improving communication between commissioners and providers.

**PRESTIGIOUS INTERNATIONAL FACULTY**

We have assembled an impressive range of presenters from around the world who have either accumulated vast experience of direct work with clients, or have published relevant academic or practical works – you can read an unrivalled list of achievements in the speaker biographies towards the back of this programme. More details at [www.ukesad.org](http://www.ukesad.org)

**ORGANISING COMMITTEE MEMBERS**

- Deirdre Boyd of *Addiction Today*/Addiction Recovery Foundation: UKESAD cofounder and lead organiser
- Anthony Massouras of Mimosa/Linwood Group; ARF chairman
- Dave Mulvaney of RAPT; ARF trustee
- John Southworth of Southworth Associates: interventionism
- Niels Olsen, Scandinavia affiliate
- Melissa Gordon at ARF: contact for exhibitor bookings
- Suzanne Gooch at ARF: contact for delegate bookings
- Tom Bruce of UKPCBAD: contact re IC&RC CEUs
- Kat Demeanour: contact for accounts.



**Inexcess will be covering UKESAD 2010**

Visit our studio in the exhibition hall, take part in televised *Question Time* events, join us filming Saturday's *Bridges to Recovery* walk and contribute to our '2010 Year of Recovery' campaign.

**INEXCESS.tv** [www.inexcess.tv](http://www.inexcess.tv) **2010**  
[www.2010yearofrecovery.com](http://www.2010yearofrecovery.com) YEAR OF RECOVERY

# THURSDAY 13 MAY 2010 CONTINUED

Each session will cover one or more of these: therapeutic issues, brief interventions, interventionism, policy, family work, professionals' selfcare.

## 11.30-1.00pm WORKSHOPS **CHOICE OF FOUR:**

### WHAT WE LOOK FOR WHEN REFERRING CLIENTS TO TREATMENT

Presented by John Southworth and Ken Seeley

These two interventionists could probably fill all the rehab beds in the UK between them. Working with families across the globe, they are seeking effective, appropriate treatment settings – but what are their requirements? Can your organisation meet those standards and build future business?

### EFFECTIVE THERAPEUTIC TREATMENTS FOR OFFENDERS

Presented by Gail Jones, Eli Grant, Dave Mulvaney

Research shows that offenders have a multiplicity of problems alongside any substance abuse – so treatments which improve their long-term outcomes and lifestyles can help others. RAPT shares its treatment manuals and research.

### TREATING THE ADOLESCENT THROUGH TO YOUNG ADULT: TRANSITIONS FOR THE FAMILY, PATIENT AND STAFF

Presented by David Rosenker

Analyse why children use, how families are affected, risk factors, treatment implications, complications, co-occurring disorders, gender-specific issues – and ongoing recovery. Sponsored by Foundations Recovery Network

### 'PLEASURE UNWOVEN': THE NEUROSCIENCE OF ADDICTION

Presented by Kevin McCauley

Despite extensive neuroscientific evidence, many people including funders and policy makers do not accept that addiction is a disorder of the brain and not a bad choice. Understand the process and use social marketing techniques to get the message across. Sponsored by Crossroads Antigua.

## 1.00-2.00pm LUNCH

- Book signings by UKESAD presenters who are also bestsellers.
- People wishing to network and chat can avail of the Grange City Hotel ground-floor seating/patio/restaurants as well as the conference areas.

## 2.00-3.30pm WORKSHOPS

### HOW TO SET UP YOUR INTERVENTION BUSINESS

Presented by Rebecca Flood

The Association of Intervention Specialists provides modelling, mentoring and coaching to its members. Its experienced president shows how to get started – and ensure you are on the right path, facing the right direction.

### IDENTIFY & UNDERSTAND GRIEF, TRAUMA AND TRAUMATIC GRIEF

Presented by Nancy Jarrell

We all experience grief and loss. Understand the differences and similarities of trauma and grief, to provide better support for your clients. Recognise myths, to offer interventions for healing. Sponsored by Sierra Tucson.

### BRIDGES TO LONG-TERM RECOVERY: SELF-CARE FOR PROFESSIONALS

Presented by Max Cohen

Burnout – long-term exhaustion and diminished interest – is recognised in the ICD-10 as a health disorder, yet many therapists put their clients before themselves, to the detriment of both. Gain support and self-care tools.

### EFFECTIVE GROUP THERAPY, INCLUDING GENDER-SPECIFIC ISSUES

Presented by Ed Diehl and Matt Wolfe

Research proves group therapy is clinically- and cost-effective. Learn how to use affiliation, support and peer confrontation to help patients move from

addiction to recovery, and memorise Treatment Improvement Protocol 41 which improves leader skills in such sessions. Sponsored by Seabrook House.

## 3.30- 4.00pm REFRESHMENTS, BOOK SIGNINGS

## 4.00-5.30pm WORKSHOPS

## CHOICE OF FOUR:

### ADDICTION TOMORROW

Presented by Dr Mark Collins and David Smallwood

How far have we come in treating addictive disorders, and what techniques have yielded the optimum results? These long-established experts share their evidence-based and experiential methods. Sponsored by Priory Healthcare.

### RELAPSE PREVENTION: LGBTQ&I ISSUES

Presented by Sarah Graham

All you need to know but never asked about addicted clients whose recovery journeys can be endangered by relapses related to gay, lesbian, bisexual, transgender, queer, questioning and intersexed issues.

### LUST, LOVE, ANGER: INTERVENING ON SEXUALLY ADDICTED CLIENTS

Presented by Maureen Canning

Interventionists and treating clinicians will learn to recognise key differences and similarities between a process addiction, such as sex addiction, and chemical-based addictions to drugs or alcohol. Sponsored by the Meadows

### ACCREDITATION OF STAFF – THE X FACTOR

Presented by Jeff Wilbee, David Finney, Susan Waine, Rebecca Flood, Joy Barlow

Identify how accreditation of staff is seen as a cornerstone of high-quality treatment services. Apply the UK focus on "outcomes" and new legislation for increasingly evidence-based practice to your own organisation.

## 6.00-7.30pm EVENING EVENTS

### 'OPEN' NARCOTICS ANONYMOUS / 12-STEP MEETING

Time to be confirmed

For regulars and those wishing to discover NICE- and WHO-recommended mutual-aid groups. Organised by NA – see exhibitor floor plan to enquire at its stand.

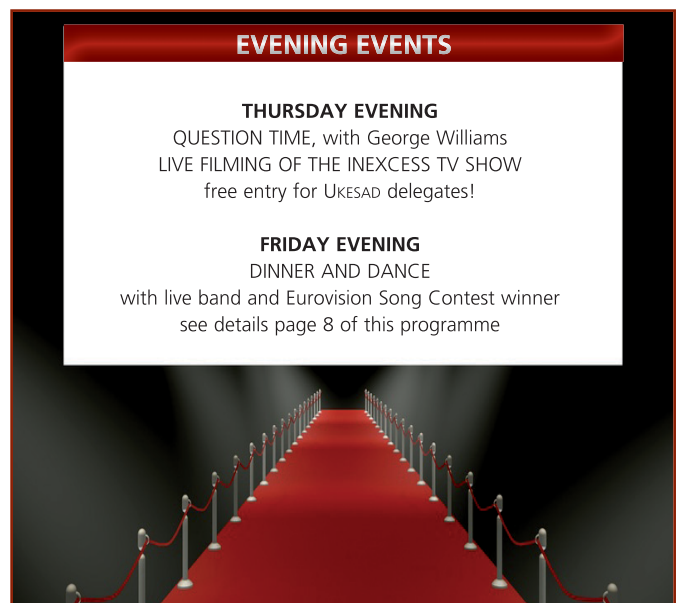
## EVENING EVENTS

### THURSDAY EVENING

QUESTION TIME, with George Williams  
LIVE FILMING OF THE INEXCESS TV SHOW  
free entry for UKESAD delegates!

### FRIDAY EVENING

DINNER AND DANCE  
with live band and Eurovision Song Contest winner  
see details page 8 of this programme



## FRIDAY 14 MAY 2010

**8.00-9.00am 'EARLY BIRD' SESSIONS****UNITING DOCTORS AND ADDICTION PROFESSIONALS**

*Presented by Dr Oscar D'Agnone, Dr Andrea Grubb-Barthwell, Dr Louis Baxter (tbc), and Dr Michael Miller*

Doctors have unique powers of early intervention and speedy patient referrals – but too few have the knowledge. Reach out to these international doctors .

**MINDFULNESS MEDITATION**

*Facilitated by Kevin Griffin; details as Thursday*

**12-STEP MEETING** (closed meeting; open meeting is later in the day)

*Hosted by John Southworth; details as Thursday*

**7.50-9.30am REGISTRATION & REFRESHMENTS****9.30-11am OPENING PLENARY****WELCOME AND INTRODUCTION:** *by Mike Trace***BRIDGES TO THE NEXT GOVERNMENT**

*Presented by James Brokenshire, shadow Minister for Home Affairs*

Whichever party wins the election, this politician has an excellent history of working for effective treatment and can steer delegates through future policy.

**USE THE LATEST NEUROSCIENTIFIC DISCOVERIES IN YOUR DAILY CLINICAL PRACTICE**

*Presented by Professor Carlton Erickson*

It is four years since this eminent neuroscientist updated UKESAD audiences on neuroscientific findings – he shares the latest developments in definition, neurobiological principles, and how good science can aid your own work.

**11.00-11.30am COFFEE & REFRESHMENTS**

- Book signings by UKESAD presenters who are also bestsellers.
- Complimentary head-and-shoulder massages throughout the day by Françoise Thomas of Ki Energy Treatment and by Karrim Rahman.

**11.30-1.00pm WORKSHOPS****CHOICE OF FOUR:****BRIDGING GAPS: FROM OFFENDING TO ENRICHING COMMUNITIES 1**

*Presented by Stephen Valle (us)*

After attending this first of three workshops, delegates will be able to give an overview of how 'accountability' can reduce recidivism in offenders with an addiction, and describe the proven leading-edge Accountability Model.

**THE NEUROBIOLOGY OF RECOVERY**

*Presented by BhOPB/Dr John Seely, introduced by Michael Weiner*

Understand more fully how the addiction process is reflected in the brain's neurobiology – and optimise recovery by attending to neurobiological correlates of this process. *Sponsored by Behavioral Health of Palm Beaches.*

**COMMISSIONING CLINIC 1**

*Presented by Tim McGregor and the Recovery Group*

Refocus commissioning priorities toward services which guarantee genuine opportunities for clients to progress – from aims to reduce harm and stabilise health towards those facilitating sustainable recovery through abstinence.

**BRIDGE TO HEALTHY RELATIONSHIPS: DATING ANXIETY**

*Presented by John Friel and Annie Bennett*

Dating afresh in recovery can be as daunting as first time round. Don't let your clients – or yourself – repeat past mistakes. Start making healthy choices.

**1.00-2.00pm LUNCH**

- People wishing to network and chat can avail of the Millennium Hotel ground-floor seating/coffee areas as well as the conference seating areas near the exhibitors and refreshments.

**2.00-3.30pm WORKSHOPS****MINDFULNESS MEDITATION AND CO-OCCURRING DISORDERS**

*Presented by Richard Burr and William Huang*

Long-term substance abuse leads to neurobiological changes and resultant behavioural and emotional effects – but magnetic resonance imaging and positron emission tomography show that the affect-regulation-specific focus of mindfulness-based therapy is a key tool. *Sponsored by Promises Malibu.*

**COMMISSIONING CLINIC 2**

*Presented by Simon Alders, Huseyin Djemil and others*

Members of the Centre for Policy Studies' Prisons and Addictions forum reveal the contents of their policy papers for the next government: giving more patients more access to long-term sustainable recovery is the priority.

**'GRADUALISM': BRIDGING HARM REDUCTION & ABSTINENCE**

*Presented by Steve Hamer and John Trolan*

The "gradualism" approach, advocated by the Unity Group and the Recovery Group, aims to create a therapeutic continuum that builds on the strengths of harm reduction and abstinence approaches, forging partnerships.

**BRIDGING GAPS: FROM OFFENDING TO ENRICHING COMMUNITIES 2**

*Presented by Stephen Valle (us)*

After attending this second session, delegates will be able to list the core principles of peer-driven offender treatment in 'Accountability Training', and identify and apply content and process variables for reducing re-offending

**3.30- 4.00pm REFRESHMENTS, BOOK SIGNINGS****4.00-5.30pm WORKSHOPS****CHOICE OF FOUR:****MINDFULNESS AND ADDICTION: ONE BREATH AT A TIME**

*Presented by Kevin Griffin*

Merge the essence of buddhism and meditation practice with the language of the 12 steps. This session will benefit anyone recovering from anything!

**BRIDGING GAPS: FROM OFFENDING TO ENRICHING COMMUNITIES 3**

*Presented by Stephen Valle (us)*

After this session, delegates will be able to analyse and apply to their own workplace: organisational and systemic principles for reducing offender recidivism. "Accountability is for the offender – and for the rest of us, too!"

**CUTTING-EDGE, PROVEN THERAPEUTIC TECHNIQUES**

*Presented by Hazelden - tbc*

Experts from these worldclass research and treatment organisations summarise the latest findings which can be applied to your daily work with addicted clients, to facilitate them towards sustainable, drug-free recovery.

**RESILIENCE: BETTER FUTURES FOR ALL**

*Presented by Gillian Bridge*

Resilience is our – and children's – armour against adverse life events. Discover how it works at every level, from neurobiological to personal and political. Build your own resilience, to avoid emotional overload and professional burnout.

# SATURDAY 15 MAY 2010

Each session will cover one or more of these: therapeutic issues, brief interventions, interventionism, policy, family work, professionals' selfcare.

## 8.00-9.00am 'EARLY BIRD' SESSIONS

### ROUND-TABLE: EUROPE, SCANDINAVIA, MIDDLE EAST

with Niels Olsen (Denmark), David DelaPalme (France), Tato Sainz (Spain), Paddy Creedon (Ireland), Mouna Yazigi (Beirut) & others

A welcome to latecomers, and an update for those attending Thursday's session on progress towards ongoing networking, recognition, validation and internationally-common accreditation standards.

### MINDFULNESS MEDITATION

Facilitated by Kevin Griffin; details as Thursday

### 12-STEP MEETING (closed meeting; open meeting is later in the day)

Hosted by John Southworth; details as Thursday

## 7.50-9.30am REGISTRATION & REFRESHMENTS

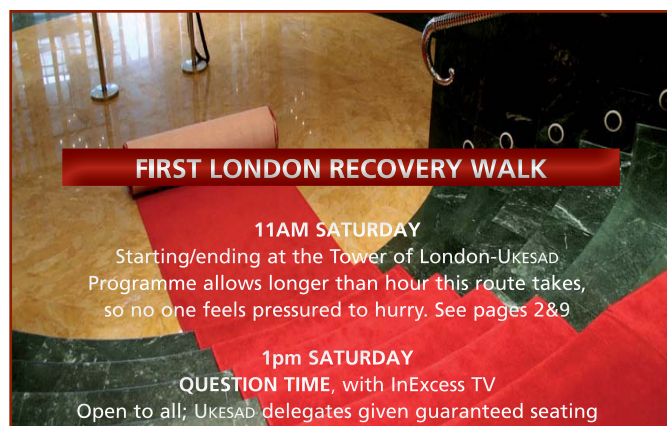
## 9.30-10.45am OPENING PLENARY

**WELCOME AND INTRODUCTION:** by Anthony Massouras, Deirdre Boyd

### BRIDGES TO RECOVERY: A CELEBRATION

News presenter Ed Mitchell, Betty Ford Centre, Calum Best and others tbc.

Before the first London recovery walk, be inspired by personal stories from 'household names' in recovery from addiction, or whose childhoods have been affected by addiction.



**FIRST LONDON RECOVERY WALK**

**11AM SATURDAY**  
Starting/ending at the Tower of London-UKESAD  
Programme allows longer than hour this route takes,  
so no one feels pressured to hurry. See pages 2&9

**1pm SATURDAY**  
**QUESTION TIME**, with InExcess TV  
Open to all; UKESAD delegates given guaranteed seating

## 10.45-11.25am COFFEE & REFRESHMENTS

Join the first London recovery march: *Bridges to Recovery Walk* – see map of local area on page 2, and background details on page 9 of this programme. If you are not up to the hour's walk, stay for coffee/tea or the next workshop.

## 11.30-1.00pm WORKSHOP

### ADDRESSING THE ELUSIVE 'ISM' – CODEPENDENCY

Presented by Carol Cannon

Codependency issues must be addressed for people in recovery to enjoy sustainable sobriety and high-quality relationships. Note its transgenerational nature, the role of trauma, and key implications for treatment and aftercare.

## 1.00-2.00pm LUNCH BARBEQUE IF WEATHER IS WARM

○ Last chance to buy tickets! At 3.15pm, we will draw the winner of the Crossroads Antigua raffle – prize is a Renewal Week in Antigua worth c£2,000; accommodation and all meals for the week are included.

## 2.00-3.15pm WORKSHOPS

### CHOICE OF FOUR:

### QUESTION TIME: LIVE TV SHOW

Presented by George Williams

An hour's live filming in the auditorium of the popular InExcess TV show, closing with more inspirational speakers on recovery.

### HOW TO SET UP AN ABSTINENCE SERVICE-USER GROUP

Presented by James McDermott and RIOT

RIOT – Recovery Is Out There – is the only abstinence service-user group in the UK. Its founder members share how they set the group up, how it grew and the pitfalls to avoid. They call for other treatment centres to set up similar groups, and offer their blueprint.

### OUTSIDE EDGE THEATRE COMPANY: MATINEE PLAY

Presented by the Outside Edge Theatre Company

A typically powerful performance examines the downward spiral of addiction and its damage not only to the alcohol/drug abuser but also to their family and others around them. Events rip open of a terrible secret, casting our players into the arms of drugs and drink and a life-threatening psychosis... A discussion follows after the break.

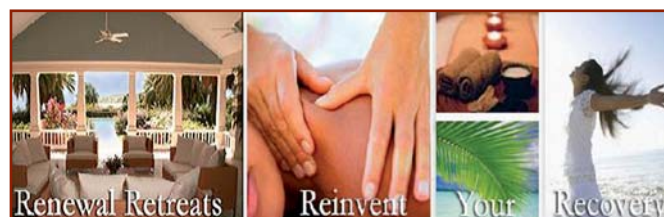
### HOW TO TURN DRINK-DRIVING CHARGES INTO A POSITIVE

Presented by Jeanette Miller

A pioneering lawyer uses this 'teachable moment' to refer clients to treatment, and can help others in early recovery to address past consequences.

## 3.15-4.10pm REFRESHMENTS

Announcing winner of the Crossroads Antigua raffle prize (see photos below) worth c£2,000; a week's accommodation and meals included.  
○ Drawing of other raffle prizes and announcement of winners.



## 4.10-5.30pm WORKSHOPS

### CHOICE OF THREE:

### HOW TO CHANGE SOMEONE YOU LOVE

Presented by Brad Lamm

This is "one cup information, another cup inspiration", exploring how the Invitation2Change intervention can help someone you love. Brad breaks down four steps from his book and lists how many roadblocks which stopped us from helping someone we love are merely myths we need to bust apart.

### FEELINGS BENEATH THE RAGE: TEACHING EMOTIONAL COMPETENCE

Presented by John Friel

Implement emotional competence as a therapeutic solution to rage/anger – and address men's issues in the 21st century: anger, addiction and alienation.

### OUTSIDE EDGE THEATRE COMPANY: WORKSHOP

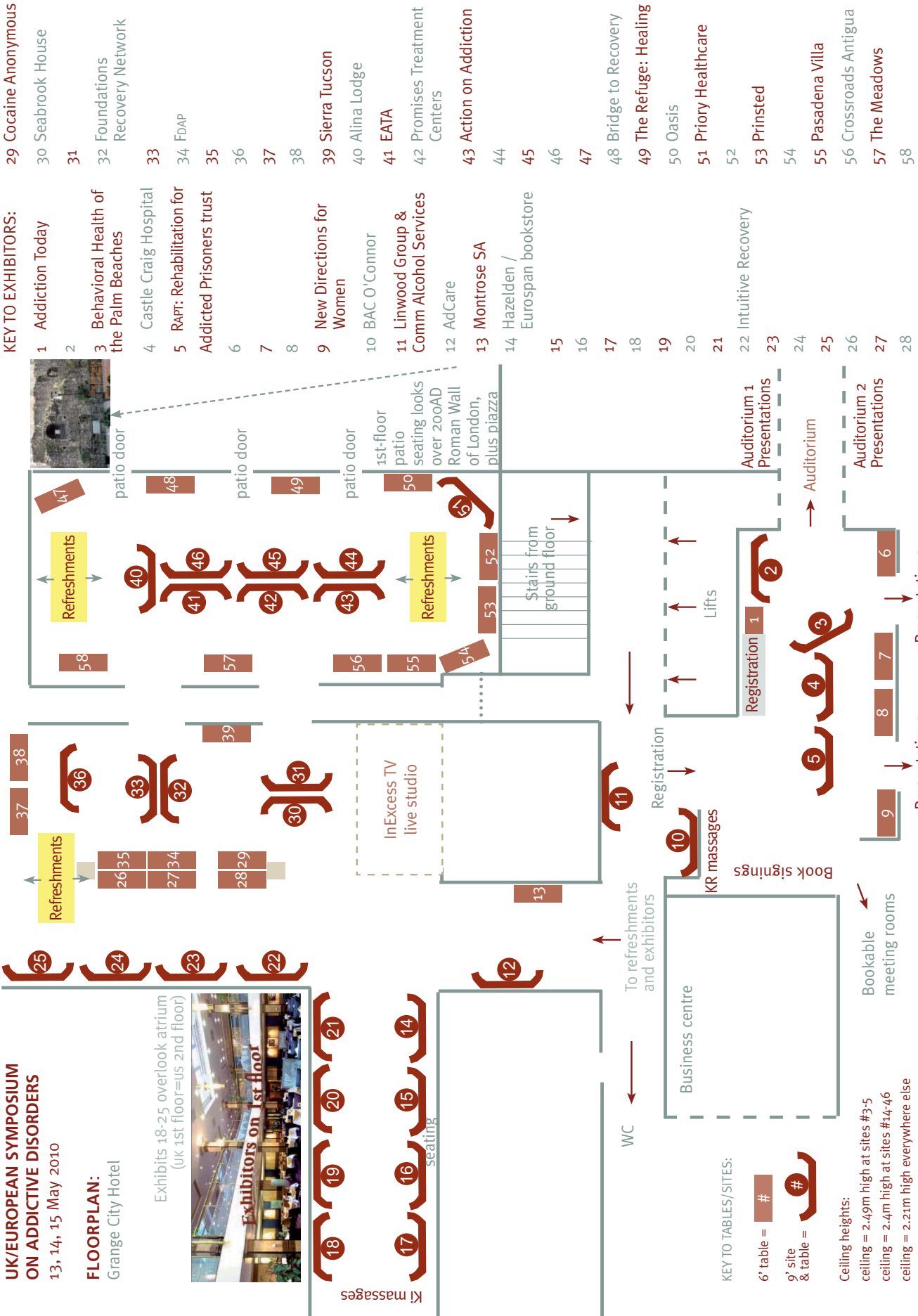
Presented by the Outside Edge Theatre Company

Led by Outside Edge director Phil Fox, participants are encouraged to stop, discuss and change the play's negative outcomes. Scenes are replayed, solutions are debated, the audience practices a "rehearsal" for real life.

**UK/EUROPEAN SYMPOSIUM ON ADDICTIVE DISORDERS**  
13, 14, 15 May 2010

**FLOORPLAN:**  
Grange City Hotel

Exhibits 18-25 overlook atrium  
(UK 1st floor=us 2nd floor)



**KEY TO EXHIBITORS:**

- 1 Addiction Today
- 2 Behavioral Health of the Palm Beaches
- 3 Castle Craig Hospital
- 4 RAPT: Rehabilitation for Addicted Prisoners trust
- 5 BAC O'Connor
- 6 Linwood Group & Comm Alcohol Services
- 7 AdCare
- 8 Montrose SA
- 9 Hazelden / Eurospan bookstore
- 10 New Directions for Women
- 11 Sierra Tucson
- 12 Alina Lodge
- 13 EATA
- 14 Promises Treatment Centers
- 15 Action on Addiction
- 16 Bridge to Recovery
- 17 The Refuge: Healing
- 18 Oasis
- 19 Priory Healthcare
- 20 Intuitive Recovery
- 21 Prinsted
- 22 Pasadena Villa
- 23 Crossroads Antigua
- 24 The Meadows
- 25 Cocaine Anonymous
- 26 Seabrook House
- 27 Foundations Recovery Network
- 28 FDAP

Don't miss out: book your place now!

**KEY TO TABLES/SITES:**

- 6' table = #
- 9' site & table = #

**Ceiling heights:**

- ceiling = 2.49m high at sites #3-5
- ceiling = 2.4m high at sites #14-46
- ceiling = 2.21m high everywhere else

FRIDAY 14 MAY 2010 — UKESAD DINNER & ENTERTAINMENT



## UKESAD DINNER & ENTERTAINMENT

Friday 14 May 2010

7:00pm — Midnight

Grange City Hotel

Tickets: £60

Enjoy a first-class meal

Dance/listen to the delights of **THE MILESTONES**,  
a phenomenal Motown, disco, funk & soul 7-piece 2-vocal band...

With **SPECIAL GUEST NIELS OLSEN**  
2000 Eurovision Song Contest winner



[www.olsen-brothers.dk](http://www.olsen-brothers.dk)

For a taster, listen to the Milestones tones here: [www.themilestoneslive.com/promo\\_video.php](http://www.themilestoneslive.com/promo_video.php)  
and understand why clients rave about their extraordinary vocals and sound:

*"You'll always be our first call for any special event" Fraser Bell*

*"Our of our regular acts, always do a great job" Four Seasons Hotel*

*"The best band we've had over from the UK" Credit Suisse*    *"Very professional outfit" BT*

**Come and join us in the Auditorium Suite for a fun-filled night  
where you'll enjoy a fabulous three-course meal,  
great music and a vibrant atmosphere**

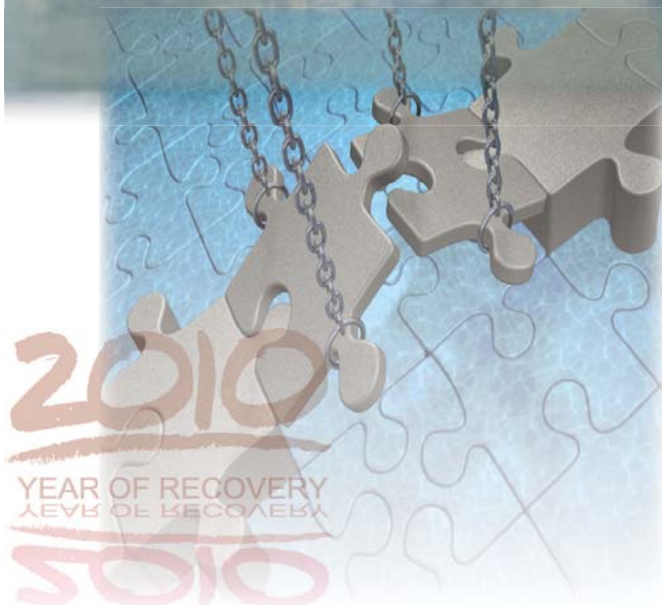
To reserve your place, RSVP to Melissa or Suzanne Tel: 020 7233 5333 email: [info@ukesad.org](mailto:info@ukesad.org)

Sponsored by BAC O'Connor Centres  
[www.bacandoconnor.co.uk](http://www.bacandoconnor.co.uk)

Head Office: 126 Station Street Burton Upon Trent Staffordshire DE14 1BX Tel: 01283-537280

SATURDAY 15 MAY 2010 — FIRST LONDON RECOVERY MARCH / WALK

# BRIDGES TO RECOVERY WALK



## Invitation

We are inviting you  
to sign up to 2010 Year of Recovery...  
To take a moment to reflect and think about what you  
personally would like to change or improve this year...  
Maybe even learn or achieve.

Become part of recovery and feel proud of the role.

Join us in the Bridges to Recovery Walk.

Details will be updated regularly at [www.ukesad.org](http://www.ukesad.org)

Deirdre and everyone at UKESAD

Wouldn't it be wonderful if politicians started listening to people who have experience of success? People who have solutions to problems, and understand how to prevent problems?

We can help to mend 'broken Britain'.

We know what it is to suffer from the downward spiral into despair that is addiction, the despair caused by loss of family, friends, employment and colleagues, health, income and esteem.

We also know how to restore them all. We have learned how to make them better than they ever were. We have the key to good living

We – people in recovery, including those who have worked to qualify as carers, therapists, researchers and other professionals in recovery – are more than happy to share our knowledge. We want others to have the chances of a new life that we were given.

To make our solutions visible, we who are in recovery and/or support recovery must first be visible.

The recovery community is emerging. We have been visible and mutually supportive at UKESAD. Now, the first London recovery march starts at UKESAD: the *Bridges To Recovery Walk* (stroll for some of us). It will be the capital city's first visual image that people can recover from addiction – and a reminder to the next government that we have solutions.

Above all else, it should be a walk of enjoyment of life, the company we walk with, and our surroundings.

It is a celebration that our lives are in order and that we have promising, rewarding futures we had considered impossible.

We hope also that it will influence the community and decision-makers at the very top to offer others the best chance possible of turning round their lives.



## SYMPOSIUM FACULTY

### **SIMON ALDERS** COMMISSIONING CLINIC

... is a treatment commissioner with the Suffolk Drug and Alcohol Action Team and a member of the Centre for Policy Studies' Prisons and Addictions forum. His work involves a multi-skilled approach to an enhanced assessment of need, providing access to treatment and psychosocial services pre- and post- specialist prescribing, engaging all agencies in the delivery of a treatment journey, supporting clients into abstinence according to need and monitoring and evaluating effectiveness.

### **JOY BARLOW** TRAINING AND ACCREDITATION

... is head of STRADA, the Scottish Training on Drugs and Alcohol. It is the "leading national workforce development organisation supporting those working with and affected by drug and alcohol misuse" and works to improve the competence of staff working in the substance misuse field so that interventions available locally aid the recovery of those affected by substance misuse.

### **DR LOUIS BAXTER** MD, FASAM ASAM/MEDICAL AFFAIRS



... is president of the American Society of Addiction Medicine 2009-2011. He is president and executive medical director of the Professional Assistance Program of New Jersey, Princeton, and medical director of addiction services, New Jersey department of health and senior services. He is also instructor in medicine at the Thomas Jefferson School of Medicine, Philadelphia.

### **ANNIE BENNETT** LOVE ADDICTION



... is one of the UK's foremost psychotherapists specialising in love addiction. Her work has featured across the media, particularly her book, *The Love Trap*, about breaking free from love addiction. She is a member of the British Association of Counselling and Psychotherapy, is listed with UK Registered Counsellors, and has a diploma in counselling therapy. Annie is also a recognised provider for health insurance companies such as BUPA. She founded her Harley Street practice in 2004, after working at some of the world's leading centres for addiction therapy, including as visiting therapist at the US Meadows Centre for Trauma and Addiction. Her integrative methods draw on cognitive behavioural therapy, person-centred counselling, family systems and experiential approaches.

### **CALUM BEST** CHILDREN OF ALCOHOLICS



... is representing the National Association for Children of Alcoholics (naca), a national charity based in Bristol which runs a confidential helpline. He has spoken publicly about what it was like to grow up with an alcoholic dad, the former footballer George Best, and filmed a documentary in 2009 for Children In Need called *Brought Up By Booze*. In it, he revealed the impact that living with a father who had a drink problem had on him and for some of the 1.3 million children affected in the UK.

### **JAMES BROKENSHIRE, MP** POLITICAL CONTEXT



... was elected to serve Hornchurch & Rainham as the Member of Parliament in May 2005. In November 2006, he was appointed to the Conservative front bench as a shadow Home Affairs minister. He had previously served as a member of the Constitutional Affairs Select Committee. Before entering parliament, James was a partner at a large

international law firm where he advised businesses and financial institutions on company law, mergers and acquisitions and corporate finance deals. As shadow minister for crime reduction, he is responsible for helping to develop Conservative policy on drug crime, knife/gun/gang crime, antisocial behaviour, fraud and online crime. James has been selected as the Conservative candidate for Old Bexley & Sidcup at this year's General Election following boundary changes which abolish the Hornchurch Constituency

### **GILLIAN BRIDGE** RESILIENCE



... is an expert in the brain, language and behaviour, with unique insight into the neurobiological similarities between addiction, autism and criminality. She developed executive training tools based on similar principles, training CEOs of major international organisations, and their teams. Gillian has also taught on the English Speaking Board's Communication Skills courses in prisons and discovered the potency of these in empowering prisoners to make healthier choices for their future lives. She sees language as pivotal to nurturing good mental health, and a major foundation stone of resilience. With a diploma in addiction therapy and in English, Gillian is an associate member of BACP, working in Harley Street. She is author of *Stop Smoking* and *Discover your inner sloth*; she is writing a book on *Resilience*.

### **DEIRDRE BOYD** INTRODUCTION



... is cofounder/organiser of UKESAD and the Unity Group, and CEO of the Addiction Recovery Foundation. She is editor of *Addiction Today*, and author of *Addictions: Your Questions Answered*, printed in seven languages, as well as mental-health charity Mind's booklet *Understanding addiction/dependency*. She is a member of the Centre for Policy Studies' Prisons and Addictions think-tank, of the Recovery Academy and of the Recovery Group. She participated in the dti's Office of Science & Technology project on *Brain Science, Addiction and Drugs*, forecasting the next two decades. She gave evidence on treatment for the government Select Committee on Cocaine, to be published in early 2010. She was a trustee of the National Association for Children of Alcoholics UK. In 2006, ICAA awarded her the Dr Vincent Bakeman memorial award for Outstanding Community Service.

### **TOM BRUCE** ACCREDITATION

... is a therapist at Castle Craig Hospital and has been responsible for introducing the ICADC – International Certified Alcohol and Drug Counsellor – 'gold standard' accreditation to the UK.

### **RICHARD BURR** MINDFULNESS | DUAL DIAGNOSIS



... Sober since 1991, with a degree from UCLA in cultural anthropology, Richard uses his life experiences to expand on spiritual growth. Working closely with and guided by David Davis, author of *Freedom and Forgiveness*, a *Spiritual Workbook*, and Dr Alan Osman, founder of the not-for-profit spiritual center in Las Vegas, The Keys to Reality, Richard has been doing spiritual and meditation work in Los Angeles and surrounding areas for several years. Applying the principles of meditation, prayer and 12-step recovery, he has incorporated the buddhist principal of mindfulness in developing a guided meditation which has proven very effective in bringing clients into the moment and quieting an anxious mind.

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### DAVID BURROWES, MP POLITICAL CONTEXT



... is Shadow Minister for Justice and Member of Parliament for Enfield, Southgate, after a career as a solicitor specialising in criminal law. He was a member of the Public Administration Select Committee and has served on several Select Committees. He is particularly interested in the policy areas of drugs and alcohol, the criminal justice system, family policy, international human rights and the voluntary sector. David spent 18 months as deputy chairman of the Conservative Social Justice Policy Group's Addictions Working Party. This group took evidence from those who work in addiction treatment or have been addicts themselves and published findings as a review for the Conservative Party.

### MAUREEN CANNING MA, LMFT SEXUAL COMPULSIVITY



... is clinical consultant for sexual disorders at The Meadows and Dakota, and has extensive experience working with sexual disorders. She is a past board member of the Society for the Advancement of Sexual Health, as well as past president of the Arizona Council on Sexual Addiction. She facilitated inpatient sexual disorders treatment at The Meadows for a number of years before opening a private practice in Phoenix. Maureen is the author of *Lust, Anger, Love: Understanding Sexual Addiction* and *The Road to Healthy Intimacy*.

### CAROL CANNON MA, CADC CODEPENDENCY



... is cofounder and clinical consultant at The Bridge to Recovery, a psycho-educational treatment facility for identity and dependency disorders in Kentucky. A certified alcohol & drug counsellor, Carol is the author of two books: *Never Good Enough: Growing Up Imperfect in a "Perfect" Family* and *Hooked on Unhappiness: Breaking the Cycle of Discontent*. She has written an elementary-school drug-prevention curriculum, *Caring for Yourself and Others*, and a secondary-school student assistance programme, Drug & Alcohol Resistance Training, as well as booklets including *How to Differentiate Between Normal & Addictive Behavior*, *How to Help Adult Survivors of Childhood and Sexual Abuse (for pastors and church workers)* plus a magazine column, *On Being Human*.

### MAX COHEN BA, DIP PSYCH COUNS, NCAC, MBCAP SELF CARE



... is a psychotherapist and supervisor with over 20 years' experience, and an addictions trainer at a London university. He integrates psychodynamic, person centred, cognitive behavioural, EMDR, EFT and biopsychosocial models of therapy. His specialities include anxiety and mood disorders, anger/self esteem/confidence issues and food disorders as well as addictions and behavioural dependencies.

### DR MARK COLLINS MA, MBBS, MRCPsych ADDICTION TOMORROW

... trained at Oxford University then UCL Hospital Medical School, becoming a member of the Royal College of Physicians in 1979. After neurology residency training in New York, he returned as a medical registrar at UCLH and the Whittington Hospital, before specialising in psychiatry and training at St George's Hospital. He became consultant at Springfield Hospital in 1990 where he ran the community mental-health team. In 1993, he joined Priory Hospital Roehampton as staff consultant psychiatrist and was its associate medical director 1997-2004. From 2005-2007, Dr Collins was medical director of Cottonwood de Tucson's

London site. He is now lead consultant on the Priory Addictions Treatment Programme and has an outpatient clinic in Wimpole Street. He is honorary senior lecturer in psychiatry at St George's Hospital Medical School.

### OSCAR D'AGNONE MD, MRCPsych REACHING DOCTORS



... is medical director of the Linwood Group of treatment centres, as well as clinical director for all CRI services, responsible for 6,248 patients assessed and admitted across 12 CRI clinics, 14 doctors and 49 nurses. He is a member of the Specialist Clinical Addiction Network, Society for Study of Addictions, international Member of the American Psychiatric Association, member of the World Psychiatric Association and founder member of the Latin American College of Psychopharmacology. He was senior secretary of the Section Education and Psychiatry of the World Psychiatric Association, academic coordinator of the Harvard Medical International-ICONO joint programme, scientific adviser for Argentine's National Secretary of Drug Related Programmes/SEDRONAR.

### ED DIEHL GROUP THERAPY



... is president/CEO of Seabrook House, the largest private non-profit chemical dependency treatment organisation in southern New Jersey. He was given the 2009 ACATA Administrator of the Year award at the National Association of Addiction Treatment Providers Annual Leadership Conference. Ed began his career in 1976 with the establishment of a social detoxification programme for indigents in Atlantic City; in 1977, he joined Seabrook House. Working first as a certified alcoholism counsellor, he moved to the community relations department, establishing outreach programmes, developing operations manuals and liaising between licensing and accreditation authorities. He was chair of NAATP, the National Association of Addiction Treatment Providers, until 2009. Ed has been in recovery from chemical dependency for over 35 years.

### PROFESSOR CARLTON ERICKSON NEUROCHEMISTRY



... is a research scientist, a distinguished Professor of Pharmacology, associate dean for Research and Graduate Studies, and director of the Addiction Science Research and Education Center in the College of Pharmacy at the University of Texas. He has published over 260 peer-reviewed and professional articles, and is an associate editor of the scientific journal *Alcoholism: Clinical and Experimental Research*. He is author of a 2007 book, *The Science of Addiction: From Neurobiology to Treatment*, which won a Hamilton Book Award in 2008. He is a recipient of the Betty Ford Center Visionary Award (2000), the 2003 Pat Fields SECAD Award, the 2004 Fred French Award for Educational Achievement, the Nelson J Bradley Award for Lifetime Achievement (2007) and the John P McGovern Award for Excellence in Medical Education (2009). A popular speaker and lecturer both nationally and internationally, Carl has spoken to about 85,000 health professionals and people in recovery since 1978.

### DAVID FINNEY WORKFORCE | ACCREDITATION



... is an independent consultant with a wealth of experience within UK government circles. David was the policy lead for substance-misuse services in the Commission for Social Care Inspectorate, and developed the *Guidance for Inspectors of substance misuse services*. He currently trains treatment services in how to pursue excellence in their service delivery as well as providing individual consultancy services.

# SYMPOSIUM FACULTY

## REBECCA FLOOD MHS, LCDC, NCACII, BRI II INTERVENTIONS



... is president of the Association of Intervention Specialists and CEO of New Directions for Women, which treats both women and women with dependent children. With over 30 years' experience in healthcare, Becky has demonstrated expertise in programme development, implementation and evaluation. She was previously vice president of treatment services for Seabrook House in New Jersey, which offers residential treatment programmes and specialised treatment for women, adolescents and others with co-occurring disorders.

## PHILIP FOX MATINEE PLAY - RELAPSE PREVENTION



... is an actor, director, experienced facilitator and founder of the Outside Edge Theatre company which brings addiction-related issues to the public stage as well as customising performances for addiction-treatment centres and their recovering clients. He is photographed here with some of his cast.

## JOHN FRIEL EMOTIONAL COMPETENCY



... is an international speaker and trainer, and has been a guest on the *Oprah Winfrey Show*. John is on the board of the Nevada State Psychological Association and is an adjunct assistant clinical professor in the Department of Psychiatry, School of Medicine, University of Nevada. He and his wife Linda are best-selling authors of *Adult Children: The Secrets Of Dysfunctional Families*, *An Adult Child's Guide To What's 'Normal'*, *The 7 Worst Things (Good) Parents Do* and *The 7 Best Things (Happy) Couples Do*. They offer a 3.5-day ClearLife Clinic at Las Vegas Recovery Center.

## SARAH GRAHAM LGBTQQ+I



... is Sarah Graham is a counsellor, auricular acupuncturist, drugs and addictions expert. After studying person centred counselling at East Surrey College, she worked at two Priory Healthcare residential rehabs, gaining the Priory Professional Addiction Therapy Diploma. She moved to In-volve to help set up Respond, its joint adult service with the NHS. She pioneered a successful holistic stimulant drugs service, and sat on the ACPO Meth and Precursors Working Group. She is an authority on substance misuse by children and young adults but is particularly noted for her work with gay, lesbian, bisexual, queer, questioning and intersex individuals.

## ELI GRANT OFFENDERS



... is senior research officer for the Rehabilitation of Addicted Prisoner's Trust and a postgraduate student at the University of Oxford. She set up and supervises RAPT's data collection system, developed RAPT's accredited alcohol programme and studies predictors of treatment attrition, how the prison environment influences client engagement and variations in treatment change processes across client subgroups.

## KEVIN GRIFFIN MINDFULNESS



... is the author of *One Breath at a Time: Buddhism and the 12 Steps* and *God, Buddha, and the Path of Recovery*. He is a leader in the mindful recovery movement and one of the founders of the Buddhist Recovery Network. He trained with the leading western Vipassana teachers, among them Jack Kornfield, Joseph Goldstein and Ajahn Amaro. Kevin

teaches in buddhist centers, treatment centers, professional conferences, and academic settings. After getting sober in 1985, he earned his BA from UC Berkeley and MFA in Creative Writing from UC Irvine. He began teaching meditation in 1996. Before he found Buddhism, Kevin was a rock guitarist.

## ANDREW GRIFFITHS POLICY | CONTINUUM OF CARE



... is chief of staff to the chairman of the Conservative Party, Eric Pickles MP, and is a Conservative parliamentary candidate for Burton & Uttoxeter at the next General Election. He previously worked with Theresa May MP and Hugo Swire MP. Before entering politics, he worked for the family-run engineering business in the West Midlands. He actively supports the Recovery Group which lobbies for equitable addiction treatment for all who require it.

## ANDREA GRUBB-BARTHWELL MD, FASAM DOCTORS



... is director of the unique Two Dreams Outer Banks treatment centre. She is respected as a leading addiction medicine physician and is a former president of the American Society of Addiction Medicine. From 2002-2004, Andrea served as deputy director for Demand Reduction in the Office of National Drug Control Policy. In 2003, the Association for Medical Education and Research in Substance Abuse awarded her the prestigious Betty Ford Award for lifetime contributions to the field of addiction medicine. Her peers also named her one of the "Best Doctors in America" in addiction medicine in 1997. She is a trustee of the Addiction Recovery Foundation, which organises UKESAD.

## STEVE HAMER OBE FRSA GRADUALISM



... is CEO of Compass harm-reduction services. First a teacher, Steve entered the social care field in 1977, working with single, homeless people in London before joining Cranstoun, a residential rehabilitation programme for drug misusers in 1979. After two years at Cranstoun and then two years teaching English in Sudan, he returned to the drugs field in 1983 to open the Parole Release Scheme, the UK's first dedicated resettlement service for drug using prisoners. Since joining Compass in 1986 as its first employee, Steve has guided the organisation to become one of the UK's leading drug treatment providers. He has an MA in Social Policy. In 2005, Steve was awarded an OBE in the Queen's Birthday Honours.

## DR WILLIAM HUANG MINDFULNESS | DUAL DIAGNOSIS



... completed his Adult Psychiatry residency and served as chief resident of Psychiatry at Cedars-Sinai Medical Center in Los Angeles. He is board certified in general psychiatry and addiction psychiatry. He helped set up the Cedars Sinai Addiction Psychiatry Outpatient Clinic and provided psychiatric evaluation and treatment for dual diagnosis intensive outpatient programme and inpatient consultations. He also worked with Asian Pacific Counseling and Treatment Centers and Hollywood Mental Health County Clinic. His special interest working with minority groups with co-occurring disorders was awarded the American Psychiatric Association/SAMHSA Substance Abuse Minority Fellowship. He has also been the recipient for scholarships by American Psychiatric Association and American Society of Addiction Medicine. He is a consulting addiction psychiatrist for Promises Treatment Centers and Southern California drug and alcohol programmes, staff psychiatrist for California Department of Corrections & Rehabilitation.

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### **NANCY JARRELL MA, LPC, EAP** CHILDHOOD TRAUMA



... is clinical director of Sierra Tucson treatment centre. With a master's degree in counselling/psychology, Nancy is a licensed professional counsellor and a trained equine-assisted psychotherapist, incorporating Imago theory. She founded The Lacey Jarrell Foundation after the unexpected loss of her 16-year-old daughter. She will soon have a book published about her grief process, *The Loss of Lacey*. Nancy has counselled thousands of individuals and families over the years addressing issues around addictions, trauma, mood disorders, traumatic grief, PTSD/post-traumatic stress disorder and other mental-health issues.

### **GAIL JONES** OFFENDERS



... is director of research and development at RAPT, the Rehabilitation for Addicted Prisoners trust. She has a Msc in health psychology and a post-graduate diploma in counselling. She was involved in the development of the CARAT service in England and has overseen a 12-step treatment programme for young offenders at Aylesbury Youth Offenders Institution.

### **BRAD LAMM BRI-I, CAI** CHANGE THE PERSON YOU LOVE



... has been helping literally thousands of people to get sober and stay sober for years. Highly motivated and with long-term sobriety himself, he is a board-registered interventionist, a teacher and speaker, and founder of Intervention Specialists. Previously a news anchor, his TV work today centres on his family systems work and teaching people how to begin change in their own lives, and the lives of those they love. Brad's Change seminars bring the topic worldwide. St Martin's Press will publish his book, *How to Change Someone You Love*, in 2010.

### **BARONESS MASSEY OF DARWEN** YOUNG PEOPLE



... has been a Labour Peer since 1999. She chairs the All Party Parliamentary Group for Children and is a member of the APPGs on alcohol, drugs and Aids. She is president of Brook Advisory Centres, a charity specialising in young people's sexual health, a trustee of the Teachers Advisory Council for Alcohol and Drug Education (TAcade), and of the Trust for the Study of Adolescence. She is a health education specialist on issues including drug and alcohol misuse, HIV/AIDS and sexual health in national and international contexts. She has been chair of the National Treatment Agency since January 2002, was director of the UK Family Planning Association, has published books and training resources on health and sex education and is a qualified teacher.

### **ANTHONY MASSOURAS** UKESAD COMMITTEE



... is founder and owner of Mimosa Healthcare Group, which offers acute and sub-acute care services and is the UK premier provider of training in its field. It includes the Linwood Group of residential treatment services for alcohol dependence. In 2007, Anthony succeeded Lord Mancroft as chairman of the Addiction Recovery Foundation charity, publisher of *Addiction Today* and organiser of UKESAD. He is also a member of the government's Ambassador Apprenticeship Network and a Management Committee member of the Adult Learning & Skills Council.

### **DR KEVIN McCAULEY** NEUROSCIENCE FOR FAMILIES



... graduated from the Medical College of Pennsylvania in 1992. He served in the US Navy as flight surgeon to a marine helicopter squadron at Marine Corps Air Station Tustin in California, then at a Marine F/A-18 Hornet training squadron at Marine Corps Air Station El Toro. He became interested in the problem of addiction after witnessing the success of the navy's programme for treating pilots with alcohol problems. He is the executive director of an eight-bed recovery support facility. He is a director of the Institute for Addiction Study which has released his DVD, *Pleasure Unwoven: A personal journey about addiction*.

### **JAMES McDERMOTT** SERVICE USER GROUPS



... is a founding member of from RIOT: Recovery Is Out There, the only abstinent service-user group in the UK. Supported by BAC O'Connor treatment centre, he has appeared in the media, recalling his journey from addiction to recovery. From prison and overdoses, James shows people in the tier system that recovery is achievable for all and is "everything you dream of". He and other RIOT members tour the country and visit conferences to advocate that abstinence rehabilitation and recovery are on the menu of treatment/commissioning choice.

### **JEANETTE MILLER** WORKING WITH DRINK-DRIVING CHARGES



... is senior and managing partner at Geoffrey Miller Solicitors, one of the UK's few firms specialising solely in defending drivers facing prosecution for motoring offences. She is also founding CEO & president of the Association of Motor Offence Lawyers. Uniquely, she refers clients to addiction treatment where she feels it is appropriate.

### **Dr MICHAEL M MILLER MD, FSAM, FAPA** DOCTORS



... is immediate past president of the American Society of Addiction Medicine, director of the American Board of Addiction Medicine and the ABAM Foundation. He is vice speaker for the Wisconsin Medical Society House of Delegates. He will be leaving his role as medical director of Meriter's NewStart alcohol/drug treatment programme to become medical director of the Herrington Recovery Center at Rogers Memorial Hospital in Oconomowoc, which specialises in the treatment of professionals in need of alcohol and other drug rehabilitation.

### **JANE EIGNER MINTZ MA, PC, BCPC, BRI-II, CAI** INTERVENTIONS



... is a board member of the Association of Intervention Specialists. Her areas of competency include crisis intervention strategies for both the addicted and behavioural-health populations and special populations that include process addictions such as eating disorders, sexual compulsivity, gambling and financial disorders, internet gaming, shopping/hoarding and love addictions. Jane's special training involved working with female clients with complex trauma, dual diagnosis, legal and lifestyle issues.

### **ED MITCHELL** PERSONAL STORY, RECOVERY WALK



... has interviewed hundreds of top financial and political figures, having worked in journalism for 30 years with some of the world's most respected news organisations including Reuters, the BBC, ITN, Channel Four and CNBC. He was regularly on *News at Ten*, Budget programmes and

## SYMPOSIUM FACULTY

breakfast TV. His career then took a rockier course. Redundancy, dozens of short term jobs, mounting debt problems, alcoholism, divorce and bankruptcy led to homelessness and sleeping rough on Hove seafront. A quirk of fate got him into rehab and on to the path of recovery – a story covered in the ITV documentary *Saving Ed Mitchell*.

### DAVE MULVANEY UKESAD COMMITTEE



... is part of the senior management team at the Rehabilitation for Addicted Prisoners' trust (Rapt). He trained as an addictions counsellor with Clouds and King's College University London to post-graduate level. He has over 15 years' experience of frontline service delivery, development, management and training, starting as a social-work team manager at a drug-crisis intervention centre serving 33 London boroughs, then developing services for BME crack users, and evidence- and outcome-based relapse prevention & aftercare programmes. He is a trustee of the Addiction Recovery Foundation charity, which organises UKESAD.

### NIELS OLSEN EUROPE/SCANDINAVIA/ME ROUND TABLE



... is, with his brother Jorgen, a danish rock/pop music duo who have performed with the Kinks, among others. They have released 12 albums, the latest with Cliff Richard. They won the 2000 Eurovision Song Contest 2000 with *Fly on the Wings of Love*. Niels has also qualified as a psychotherapist and is partnering UkESAD to stage a scandinavian symposium.

### KARRIM RAHMAN BA(HONS) DTC, CRW, LCSP(PHYS), APBMD, CRZ



... is a remedial therapist, using therapeutic massage and manipulation, reflexology, Tui Na, counselling and relaxation techniques, including for sports/joint injuries. He first qualified in law and his early career was in local government, then social work. He qualified in remedial massage in 1993; this involves deep-tissue techniques to assist the client's body to return to normal functioning. Deep-seated tension can be released, deposits and scar tissue broken down, and nerves freed, clearing pain.

### DAVID ROSENKER ADOLESCENTS



... is consultant to Foundations Recovery Network, having previously been executive vice president of business development at Caron treatment centres. With 34 years' experience in chemical dependency, the first 15 with adolescents, David has extensive expertise in adolescent and adult treatment, adolescent development, family education, student assistance, youth tobacco cessation as well as other prevention and treatment models. He designed and implemented community and professional training programmes, and supervised all Caron clinical services.

### KEN SEELEY BRI II, RAS, CNDAI INTERVENTIONS



... is best known for his starring role in A&E TV's popular *Interventions* series. He is a board-registered interventionist, registered addiction specialist and certified national drug & alcohol interventionist. Founder and CEO of Intervention 911, Ken has been involved in the recovery community for over 17 years; he has been clean and sober since 1989. His success rate as an interventionist means he is often asked to provide drug intervention training for addiction and mental health professionals. He has just authored *Face It and Fix It*, based on his toughest interventions.

### DR RICHARD SEELY MD NEUROBIOLOGY OF RECOVERY

... is board-certified in psychiatry, forensic psychiatry, child & adolescent psychiatry, addiction psychiatry and addiction medicine. He completed his undergraduate education at Princeton University and received his medical degree at the Jefferson Medical College in Philadelphia. Dr Seely completed his residency at the University of Miami. He serves as a consultant to Florida's Physicians Recovery Network, Lawyers Assistance programme, Intervention Project for Nurses, national football League and the Federal Aviation Administration. Dr Seely is the medical director at Behavioral Health of the Palm Beaches in Palm Beach County, Florida.

### DAVID SMALLWOOD ADDICTION TODAY



... is addiction treatment manager at Priory Healthcare, and is based at its north London treatment unit.

### JOHN SOUTHWORTH CADC INTERVENTIONISM



... has worked in the field of substance abuse and mental health for over 40 years. He began his career as a licensed DUI evaluator. After receiving his CADC in 1984 from NAADAC and IC&RC, he provided inpatient and outpatient counselling for groups and individuals, then interventions which "help people help others". John has led hundreds of successful interventions and is a preferred interventionist for many treatment centres. He trains school employees, local communities, doctors, nurses and other professionals in drug awareness and recovery. In 1993, John became programme coordinator for the Physician Recovery Network in Idaho; in 1996, he became its programme coordinator for recovering nurses. He then founded Southworth Associates which implements similar programmes for Idaho professional bodies such as the Lawyers Assistance Program and Program for Recovering Dental Professionals.

### MIKE TRACE OFFENDER ISSUES



... is CEO of RAPT, the Rehabilitation for Addicted Prisoners' trust. Before leaving the United Nations Office on Drugs and Crime in 2003, he was director of performance at the National Treatment Agency for Substance Misuse, and was the deputy UK 'drug czar' 1997-2001. For two years, he was chair of the European Monitoring Centre for Drugs and Drug Addiction.

### JOHN TROLAN BA(HONS) MSC GRADUALISM



... is clinical manager with Nelson Trust, an abstinence-based rehabilitation unit in Gloucestershire, which actively engages with harm-reduction agencies, statutory and nonstatutory, in working towards the goals of the *Models of Care* framework. Its treatment programme includes housing resettlement and employment, training and education.

### STEPHEN K VALLE SCD, MBA ACCOUNTABILITY MODEL



... is president of AdCare Criminal Justice Services in Massachusetts. He has been a leader in the alcohol, drug and mental-health field for over 25 years, helping to create innovative treatment programmes for hospitals, addiction treatment centres and criminal justice settings. A

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licensed psychologist and certified addictions counsellor, he was president of the National Commission for the Accreditation of Alcoholism and Drug Abuse Counselor Credentialing Bodies, receiving awards for this work. He is author of *Alcoholism Counseling: Issues for an Emerging Profession*, editor of *Drunk Driving in America: Strategies & Approaches to Treatment* and was associate editor of *Alcoholism Treatment Quarterly*. He created Accountability Training®, a high-outcomes treatment model for substance-abuse offenders.

### JEFF WILBEE CAE INTERNATIONAL ACCREDITATION



... is immediate past president of IC&RC, the International Certification and Reciprocity Consortium. He is responsible for the worldwide development of IC&RC professional accreditation. With over 30 years' experience in addictions and community corrections, he brings to the podium knowledge, passion and a professional speaking style.

### GEORGE WILLIAMS InEXCESS TV



... is founder and CEO of InExcess Television – see some of its activities on opposite page. George describes himself as having had a “heavyweight drink problem” and, in seeking his own recovery, has put a human face to addiction, breaking down stigma. He inspires people who are suffering, and connects families, friends and carers who need support

### MATTHEW WOLF GROUP THERAPY



... oversees admissions, marketing, community relations, business development, medical records, support services and more as vice president of business operations at Seabrook House, the largest private non-profit chemical dependency treatment organisation in southern New Jersey. In his 21+ years with the organisation, Matt has served as a helpline counsellor, director of admissions and director of business development. In 2009, Matt celebrated 25 years in recovery from chemical dependency.



For help with any exhibitor bookings, contact Melissa Gordon on 020-7233 5333 or [melissa@addictiontoday.org](mailto:melissa@addictiontoday.org)



For help with any delegate bookings, contact Suzanne Gooch on 020-7233 5333 or [subscriptions@addictiontoday.org](mailto:subscriptions@addictiontoday.org)

**Inexcess will be covering UKESAD 2010**

Visit our studio in the exhibition hall, take part in televised *Question Time* events, join us filming Saturday's *Bridges to Recovery* walk and contribute to our '2010 Year of Recovery' campaign.

**INECESS.tv** [www.inexcess.tv](http://www.inexcess.tv)  
[www.2010yearofrecovery.com](http://www.2010yearofrecovery.com)

**2010**  
YEAR OF RECOVERY

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Their generous contributions subsidise this symposium/delegate rates so that more professionals and trainees in the field can benefit from world-class experts, exchange knowledge and best practice, and network with like-minded colleagues, raising standards for the ultimate benefit of addicts and their families seeking recovery.

### 2010 INTERNATIONAL SPONSORS INCLUDE:

- RAPT | Rehabilitation for Addicted Prisoners' trust
- Linwood Group
- AdCare
- Castle Craig Hospital
- Behavioral Health of the Palm Beaches
- Seabrook House
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- Foundations Recovery Network
- Sierra Tucson
- Montrose South Africa
- Priory Healthcare
- Crossroads Antigua
- BAC O'Connor Centres
- C4 Recovery Solutions

Brought to you by:

**ADDICTION TODAY**  
& the  
**ADDICTION**  
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**FOUNDATION** charity no 328133

## EXHIBITION SPACE: UKESAD 2010

Throughout the symposium, there will be an exhibition of displays by treatment centres and related disciplines such as pharmacological and software companies and drug testing providers. Delegates can stroll around the exhibition rooms, familiarising themselves with the offerings on display, and interacting with exhibitors. Free-to-enter raffles will be held to encourage visits; winners will be announced in the exhibition rooms. Refreshments will also be served in this room.

### The (discountable) cost below covers 3 full days of display facilities:

Size: 6' table + chairs + cloth £490 + Vat

Size: 9' site + table, chairs, cloth £735 + Vat

PLUS

cost per delegate/representative of exhibitor's organisation is £325 each (no Vat).

To join in the event of the year, please use the reply slip below to inform us of your requirements. If you want to know more about the arrangements for exhibitors, call Melissa Gordon or Suzanne Gooch on +44 (0)20-7233 5333.

### 5th UK/EUROPEAN SYMPOSIUM ON ADDICTIVE DISORDERS

Organisation Name:

Contact Name:

Address:

Postcode:

Telephone:

Email:

### REQUIREMENTS (please tick):

Size: 6' table £490 + Vat

Size: 9' site+table £735 + Vat

Electric socket (free)  Broadband @£12/day – choose £12/ £24/ £36

PLUS  delegates/representatives @ £325 (no Vat) each.

I enclose a cheque for the total amount of £  and accept that the organisers can not be held responsible for any loss, injury or damage which might occur to an exhibitor, his/her representative or equipment prior to, during or subsequent to the Symposium.

Signed:

Print Name:

Date:

### GET A DISCOUNT ON ACCOMMODATION:

Simply quote the code we will give you on registration when you book at: Grange City Hotel, London EC3. Details:

Tel: +44 (0) 20 7233 7888 [Reservations@grangehotels.com](mailto:Reservations@grangehotels.com)

### CONTINUING EDUCATION CREDITS: INTERNATIONALLY RECOGNISED 'GOLD STANDARD' QUALIFICATIONS

A certificate of attendance will be provided for those desiring to apply for Continuing Education Credits. The symposium is accredited by UKPCBAD, the UK Professional Certification Board of Alcohol/Drug Counsellors, a member board of the IC&RC ADC International Certification & Reciprocity Consortium of Alcohol & Drug Counsellors. These credits are internationally recognised in over 69 countries, including most of the US, Canada and Europe. The UKESAD attendance certificate is recognised by accrediting bodies such as Fdap in the UK.

PHOTOCOPIES ARE ACCEPTABLE

## DELEGATE BOOKING FORM: UKESAD 2010

### 7th UK/EUROPEAN SYMPOSIUM ON ADDICTIVE DISORDERS

Grange City Hotel, 8-14 Cooper's Row, London EC3N 2BQ.

Tel: +44 (0) 20 7863 3700

13, 14, 15 May 2010.

**EARLY BIRD DISCOUNTS:** To help professionals on a budget, ARF and sponsors subsidise rates – benefit from even more subsidies by booking in March, as below.

### Subsidised rate for voluntary organisations:

- if paid before 31 March 2010 £140/day or £335 for 3 days
- if paid after 31 March 2010 £154/day or £375 for 3 days

### Public/private-sector organisations:

- if paid before 31 March 2010 £154/day or £375 for 3 days
- if paid after 31 March 2010 £195/day or £425 for 3 days

Please confirm reservation of  places for the full three-day symposium at £335/£375/£425 per place (delete as appropriate) TOTAL: £

Please confirm reservation of  places for one/two days only at £40/£154/£195 per day (delete as appropriate). TOTAL: £

### PAYMENT

Please debit my Visa/Mastercard/Maestro account £

Expiry date  Issue no (Switch only)  3-digit CCV

A/C:

I enclose a cheque payable to Addiction Recovery Foundation for £

Name:

Job Title:

Please tick:  3 days or  13 May  14 May  15 May

Organisation:

Address:

Postcode:

Telephone (including codes):

Email:

Signed:

Print name:

Date:

Notes:

### CANCELLATION POLICY FOR EXHIBITORS AND DELEGATES:

Bookings cancelled before 2 April 2010: 50% of fee payable.  
Bookings cancelled after 2 April 2010: full fee payable; no refunds.

Please return all exhibitor/delegate booking forms to Melissa Gordon/Suzanne Gooch:

Addiction Recovery Foundation (charity no 328133)

193 Victoria Street, London SW1E 5NE

Tel: +44 (0)20-7233 5333

Enquiries: [info@ukesad.org](mailto:info@ukesad.org)

PHOTOCOPIES ARE ACCEPTABLE