



MAKING TIME FOR TREATMENT

6TH UK/EUROPEAN SYMPOSIUM ON ADDICTIVE DISORDERS, LONDON

BRINGING TOGETHER ADDICTION PROFESSIONALS TO EXCHANGE PRACTICE PERSPECTIVES

EUROPE'S LARGEST CONFERENCE ON ADDICTION TREATMENT 14, 15, 16 MAY 2009

EFFECTIVE APPROACHES TO INTERVENTION, TREATMENT AND RECOVERY

- We look forward to seeing friends old and new, to the 'buzz' of like minds, and exchanging international expertise at this unique multidisciplinary event, via our 40 presentations hosted by 60 national and international speakers.
- Network with 500 attendees from about 14 countries.
- Evening presentation featuring international guru Patrick Carnes on recovery journeys, followed by half-day workshop the following day on identification and treatment of sexual addictions.
- Day-long workshop on Post-traumatic stress disorder, combat trauma and childhood; separate certificate from Larry Ashley.
- Day-long workshop on structured interventions by Jane Mintz, board member of the Association of Intervention Specialists; separate attendance certificate awarded.
- Speakers include neuroscientist Professor Carlton Erickson, All-Party Parliamentary Drugs Misuse Group chair Dr Brian Iddon, Professor David Rosenbloom of Harvard University (Public Health) and head of JoinTogether.com, Professor Roger Weiss of Dept of Psychiatry at Harvard Medical School, Kathy Gyngell of the Centre for Policy Studies and *Breakthrough Britain*, Mike Ashton of *Findings* on how to interpret research, Esther Harris and Philip Trenchard on client confidentiality, NTA chair Baroness Massey, DAT commissioner Mark Gilman, Kay Dowd and Sue Sutcliffe on therapy groups, Dr Mike Miller and Dr Louis Baxter of the American Society of Addiction Medicine, panEuropean speakers on networking and accreditation... and much, much more... including Christopher Kennedy Lawford.
- Enjoy early-bird discounts and keep up to date with all presentation details as they are enhanced at www.ukesad.org

2008/9 SPONSORS INCLUDE:

ADDICTION TODAY... ADDICTION RECOVERY FNDN... REHABILITATION FOR ADDICTED PRISONERS TRUST... MIMOSA HEALTHCARE... CASTLE CRAIG... SIERRA TUCSON... CARON... NOMS... PINE GROVE... C4... CROSSROADS ANTIGUA... PROMISES MALIBU

ORGANISED BY:

Deirdre Boyd of ARF/Addiction Today, Anthony Massouras of Mimosa Healthcare, Dave Mulvaney of RAPT, Melissa Gordon and Suzanne Gooch (re bookings: 020-7233 5333), Lowell Monkhouse and Tom Bruce re UKPCBAD/IC&RC.



NETWORK AND RELAX... ALONGSIDE PROFESSIONAL DEVELOPMENT, CERTIFICATE, CEUS



VENUE: MILLENNIUM GLOUCESTER HOTEL, KENSINGTON, LONDON SW7

UKESAD is the only major European conference where clinicians can gain international 'gold standard' training credits – through a unique partnership with the UK Professional Certification Board for Alcohol and Drug Counsellors (UKPCBAD/IC&RC), the UK member board of the IC&RC International Certification & Reciprocity Consortium. Delegates can gain up to 27 CEUs recognised in 69 countries.

UKESAD is proud to be participating in MISUSE AND ADDICTIONS MONTH: WHERE TO FIND HELP

Join in a series of 'open days' or half days in the month of May so that providers, referrers and commissioners can visit each other, learn from service users, welcome the public, raise awareness of their work – and enable access to treatment.

Organised by the
Unity Group and
supported by
the Home Office:
unitygroup.org.uk

**TACKLING
DRUGS
CHANGING
LIVES**

THURSDAY 14 MAY 2009

(T = therapeutic issues, B = brief interventions, M = medical, P = policy, F = family work)

8.00-9.00am 'EARLY BIRD' SESSIONS

T,B,M THE ROLE OF DOCTORS IN THE CARE OF PATIENTS WITH ADDICTION

Chaired by Dr Michael Miller and Dr Andrea Grubb-Barthwell, with Dr Louis Baxter (us), Dr Mike McPhillips (uk) and UCHL (tbc)

The National Audit Office urged more doctors to use their powers to prevent substance use worsening in patients. The American Society of Addiction Medicine shares its research and experience in this second European Summit. Organised in partnership with ASAM and Crossroads Antigua.

8.00-9.30am REGISTRATION & REFRESHMENTS

9.30-11am OPENING PLENARY

WELCOME AND INTRODUCTION: by Deirdre Boyd, Anthony Massouras

T,B,M EFFECTIVE APPROACHES – USE THE LATEST NEUROSCIENTIFIC DISCOVERIES IN YOUR DAILY CLINICAL PRACTICE

Presented by Professor Carlton Erickson

Science is increasingly validating anecdotal reports by people in recovery from dependency. This integrated story covers definitions, neurobiological principles, differentiating between addiction/dependency and abuse, how current treatments work, and how good science can support your own work. Sponsored by Mimoso Healthcare

11.00-11.30am COFFEE & REFRESHMENTS

11.30-1.00pm WORKSHOPS CHOICE OF FOUR:

T,B,M WHEN MENTAL DISORDERS PARTNER SUBSTANCE PROBLEMS: HOW TO CHANGE HEARTS, MINDS AND BEHAVIOURS

Presented by Dr Robert Johnson DO

At the end of this session, delegates will be able to describe how to integrate neurobiology, adult learning theory and psycho-spiritual healing into a practical pathway for dual disorder patients. Sponsored by Sierra Tucson

T,B,F INTERVENTION SKILLS TRAINING WORKSHOP PART I

Presented by Jane Eiger Mintz

Participants will undergo a comprehensive practical skills training to learn to the basics of becoming an Interventionist. The 3-session day will consist of lectures, group work and guidance in how to market and network into the Intervention field. It is anticipated that a separate certificate will be awarded.

T,B HOW TO PUT DRUGS AND ALCOHOL ON THE PUBLIC AGENDA

Presented by Professor David Rosenbloom

Big social problems like addiction/dependency prevention and treatment can exist for years without ever rising high enough on the political/policy agenda to get effective action. This groundbreaking session will discuss some of the approaches being tried in the US.

T,B LINK COGNITIVE BEHAVIOURAL THERAPY TO THE 12 STEPS

Presenters to be confirmed

When clients take part in CBT alongside 12-step therapy, it helps them break down issues into manageable parts and identify strategies and behaviours to resolve them. This is particularly valuable if depression and anxiety also occur.

1.00-2.00pm LUNCH

- o Musical accompaniment by Two Different Roads.
- o Book signings by UKESAD presenters who are also bestsellers.
- o People wishing to network and chat can avail of the Millennium Hotel ground-floor seating areas as well as the conference seating areas.

PRELIMINARY PROGRAMME: DUE TO LIFE, CHANGE MIGHT OCCUR - UPDATES AT WWW.UKESAD.ORG

6TH UK/EUROPEAN SYMPOSIUM ON ADDICTIVE DISORDERS

2.00-3.30pm WORKSHOPS

T,B,P BREAKOUT BRITAIN – MAKING FUTURE POLICY EFFECTIVE

Presented by Kathy Gyngell, Prof Neil McKeganey, Huseyin Djemil, Andy Horwood

Identify the UK and Europe's failure to address the real drugs issues: the cultural 'normalisation' of widespread drug consumption – plus the need for best practice in treatment for the consequent numbers of people with problems. Participate in change and influence the next UK government.

T,N DUAL DIAGNOSIS/COMORBIDITY AND RISK ASSESSMENT

Presented by Professor Roger Weiss

Mental health is significantly interwoven with alcohol/drug dependence, and great strides can be made when treating them together. Assessment is key to helping your clients become double winners.

P AN INSPECTOR CALLS: THE VALUE OF STANDARDS/ACCREDITATION

Presented by Jeff Wilbee of IC&RC, David Finney of CSCI et al

At the end of the presentations, attendees will be able to apply standards to running a successful service, value the centrality of outcomes, organise and raise the profile and credibility of the addiction profession.

T,B,F INTERVENTION SKILLS TRAINING WORKSHOP PART II

Presented by Jane Eiger Mintz

Separate attendance certificate will be awarded to delegates attending all three sessions on Intervention Skills.

3.30- 4.00pm REFRESHMENTS, BOOK SIGNINGS

4.00-5.30pm WORKSHOPS CHOICE OF FOUR:

T,B,P SECRETS IN THE SYSTEM: THE DANCE OF CONFIDENTIALITY

Presented by Esther Harris and Philip Trenchard

At what point does information held by two practitioners become a 'secret' in the treatment system? The inclusion of family work in NICE clinical guides challenges services to work systemically at inter-team, inter-client and inter-agency levels and include the family while maintaining confidentiality.

T,B,P HOW TO (RE)INTERPRET RESEARCH

Presented by Mike Ashton

Can we trust the interpretations of major treatment and harm-reduction studies in the UK? To what degree can treatment providers, commissioners and policy makers rely on their results? The answers might be surprising.

T,B,P RESPONDING TO RACIAL DIVERSITY

Chaired by Mersedeh Seyedi Rashti of Fars Services

Ethnic minorities are under-represented in treatment. This session explores the reasons why and how to reach out – and how to recognise both the differences and supportive similarities of cultural requirements.

T,B,F INTERVENTION SKILLS TRAINING WORKSHOP PART III

Presented by Jane Eiger Mintz

Last of the day's three sessions on the basics of becoming an Interventionist.

6.00-7.30pm EVENING EVENT

T,B LET RECOVERY JOURNEYS TRAVEL A GENTLER PATH

Presented by Patrick Carnes

This gifted teacher shares his own stories of recovery from interactive addictions, and offers delegates exercises, inventories and guided reflections to face the daily challenges of attaining or maintaining an addiction-free lifestyle. This presentation is a treasure chest presentation of powerful resources. Sponsored by Pine Grove

T 'OPEN' NARCOTICS ANONYMOUS / 12-STEP MEETING

Time to be confirmed

For regulars and those wishing to discover who-recommended mutual-aid groups.

FRIDAY 15 MAY 2009

(T = therapeutic issues, B = brief interventions, M = medical, P = policy, F = family work)

8.00-9.00am 'EARLY BIRD' SESSIONS**T,B,P EUROPEAN ROUND TABLE: THE NEXT STEPS**

Chaired by Jay Hauge (Sweden) with Lowell Monkhouse (Switzerland), David Delapalme (France), Tato Sainz (Spain), and others

European round tables over the past years identified three principal needs for colleagues in mainland Europe who are often isolated pioneers in their own countries. Catch up on actions to meet these needs. All delegates welcome.

8.00-9.30am REGISTRATION & REFRESHMENTS**9.30-11am OPENING PLENARY****EFFECTIVE APPROACHES TO INTERVENTION, TREATMENT AND RECOVERY**

Political contexts by Dr Brian Iddon MP and Baroness Massey
Keynote speech by Christopher Kennedy Lawford

Born into political and movie royalty. Chris successfully strode these two worlds as an actor, author and advocate – but for much of his earlier life he had battled addictions. Sober for over 22 years, he shares his personal story with others to help make a difference – including his successful treatment for hepatitis C. Sponsored by Addiction Today, Mimosa Healthcare, C4

11.00-11.30am REFRESHMENTS, BOOK SIGNINGS

Back by demand, 10-15 minute neck and shoulder massages will start now and continue throughout the day. Carried out by a qualified practitioner, booking is recommended due to high demand.

11.30-1.00pm WORKSHOPS CHOICE OF FOUR:**T,B DIAGNOSING AND TREATING SEXUAL ADDICTION, PART I**

Presented by Patrick Carnes

This world pioneer details his groundbreaking 'Gentle Path' 30-task model, empirically validated to be an effective treatment of sexually compulsive behaviour. Patients receive individual attention as well as being incorporated into a group process. Sponsored by Pine Grove.

T,B,F LOOKING TO THE NEXT GENERATION: TREATING ADOLESCENTS

Presented by David Rosenker (us)

Identify trends and generational aspects that impact adolescent drug and alcohol use, with special attention on working with parents and agency staff. Plus 'best practices' for adolescent residential and outpatient treatment. Sponsored by the Caron Foundation

T,B,P OFFENDERS: A UNIVERSAL MANUAL FOR DIFFICULT CLIENTS

Presented by Eli Grant

A high level of offenders in the criminal-justice system have mental-health, educational and other problems in addition to their alcohol and drug use. Successful outcomes achieved with them can be applied to clients elsewhere. Sponsored by Rapt, the Rehabilitation for Addicted Prisoners trust

B,P STRENGTHEN YOUR ADVOCACY WITH CRITICAL THINKING

Presented by Professor Michael Taleff (Hawaii)

Bad thinking leads to bad clinical decision-making – and bad decisions hurt clients as well as professionals. One powerful solution is to use the principles of critical thinking. Record case histories where decisions based on 'authority' rather than reason went unquestioned, with problematic results. Identify supervisory fallacies. And strengthen your own advocacy.

1.00-2.00pm LUNCH

Musical accompaniment by Two Different Roads; book signings.

2.00-3.30pm WORKSHOPS CHOICE OF FOUR:**T,B,F BROKEN GLASS: MATINEE PLAY**

Presented by the Outside Edge Theatre Company

This powerful performance examines dual diagnosis, staging the story of Izzy who liked to drink and smoke a bit of weed – which got her into such serious trouble that she ended up living on the streets. She manages to get housed and stable with the support of her community psychiatric nurse – then on the anniversary of her mother's death, Izzy gets a visit from her long-lost brother who's in deep trouble. His visit sparks events that lead to the ripping open of a terrible secret, sending Izzy into the arms of her drugs and drink again and a psychosis that threatens to kill her... A discussion follows after the break.

T,B SUPERVISION LEADS TO MORE EFFECTIVE CLINICIANS

Presented by Professor David Powell

This session lays a foundation for supervision of personnel. Participants will be able to: define clinical supervision, differentiate between this and case management, define the four foci of clinical supervision, define vicarious liability, quote case studies – and more. Sponsored by Crossroads Antigua

T,B DIAGNOSING AND TREATING SEXUAL ADDICTION, PART II

Presented by Patrick Carnes

Identify more of the 30 tasks towards recovery in the second half of the workshop by this international expert. Sponsored by Pine Grove

P MAKING THE COMMISSIONING MIX EFFECTIVE

Presented by Mark Gilman et al

This NTA regional manager is recognised for his best practice in commissioning, where purchasers of treatment meet with all treatment providers for discussions and breaking down of prejudice. His pilot project, the North West Recovery Forum, can be used as a template.

3.30- 4.00pm COFFEE & REFRESHMENTS**4.00-5.30pm WORKSHOPS CHOICE OF FOUR:****T,B,F BROKEN GLASS: WORKSHOP**

Presented by the Outside Edge Theatre Company

Led by a professional facilitator, the audience is encouraged to stop, discuss and change the negative outcomes of the play by acting in it. Scenes are replayed with different interventions to avoid Izzy relapsing, solutions debated. Audiences experience a "rehearsal" for similar situations in real life.

T,B PROFESSIONALS MUST AVOID BURNOUT, COMPASSION FATIGUE

Presented by Stephen Andrew

Burnout, compassion fatigue and secondary trauma occur when caring counsellors become overwhelmed by constant exposure to a client's pain, find themselves in demanding work situations, and forget the basics of self-care. This busy counsellor shares his strategies.

T,B,F THERAPY GROUP WORK: WHEN CLIENTS RECREATE FAMILIES

Presented by Kay Dowd and Sue Sutcliffe

Learn the basics and benefits of therapeutic/peer groups – and identify body language, words and actions which indicate that group members are projecting a family member onto others, thus giving valuable clues to their background, and motivations to 'reprogramme' harmful behaviours.

T,B FACES AND VOICES: THE RECOVERY BILL OF RIGHTS

Presented by Fraser Ross, Deirdre Boyd et al

The Recovery Bill of Rights promotes the principle that all citizens have a right to recover from addiction/dependency to alcohol and other drugs. Join up!

6.00-7.15pm OPTIONAL EVENT**T 'OPEN' AA/CA/NA 12-STEP MEETING**

For regulars and those wishing to discover Who-recommended mutual-aid groups.

SATURDAY 16 MAY 2009

(T = therapeutic issues, B = brief interventions, M = medical, P = policy, F = family work)

8.00-9.00am 'EARLY BIRD' SESSION

T,B,M EFFECTIVELY LINKING ADDICTION TREATMENT WITH OTHER MEDICAL AND PSYCHIATRIC SYSTEMS

Presenters to be confirmed

This session is vital for practitioners in multidisciplinary teams. Attendees will be able to list barriers to optimal linkage, summarise the benefits of linked services and discuss models of linked services.

8.00-9.30am REGISTRATION & REFRESHMENTS

9.30-11am OPENING PLENARY

T,B,M GROWING UP WITH ALCOHOLIC PARENTS

by Lauren Booth (France, UK) and others

This outspoken writer describes her personal experience of how growing up in an alcoholic family affected her then and now – and unites events with symptoms which professionals can identify in their own clients. This session also tackles the issue of public sympathy for an abused child drying up when that child becomes an adult with unwelcome coping mechanisms.

11.00-11.30am COFFEE & REFRESHMENTS

11.30-1.00pm WORKSHOPS

CHOICE OF THREE:

T,B,M POST-TRAUMATIC STRESS DISORDER, COMBAT & CHILDHOOD

Presented by Larry Ashley (us) with Jane Hill (UK)

The first of the day's three Learning Institute sessions on PTSD provides each attendee with a working knowledge of civilian and forces combat trauma and related PTSD – clinicians will find the symptoms similar to many of their clients with abusive childhoods. Emphasis will be placed on identifying symptoms. Diagnostic criteria and treatment will be discussed. The effect of PTSD on families will be explored, as well as suicide, grief, sexual trauma and secondary trauma stress. *Sponsored by Castle Craig Hospital*

T,B,M THE ROLE OF DOCTORS IN THE CARE OF PATIENTS WITH ADDICTION

Chaired by Dr Andrea Barthwell and Dr Mike McPhillips, with Dr Louis Baxter (us), Dr Michael Wilks (Europe), Dr Robin Touquet (UK)

Following the success of its inaugural European summit with addiction counsellors and therapists at UKESAD last year, the American Society of Addiction Medicine explains how medical and counselling professionals can work together, while Dr Mike McPhillips gives a progress report on UK links.

T,B TAPPING INTO – AND OUT OF – EMOTIONS

Presented by Masha Bennett (see pages 30-31 of enclosed *Addiction Today*)

Give yourself an uplift by trying out some of the EFT acupressure techniques and affirmations demonstrated in this session, and preview their results before training your clients. Emotional Freedom Techniques are a simple tool which can be learned in a short time for self-help purposes.

1.00-2.00pm LUNCH

2.00-3.30pm WORKSHOPS

CHOICE OF FOUR:

B,P SHOULD "VIDEO GAME ADDICTION" BE IN DSM-IV AND IC10?

Presented by Dr Jack Kuo (us)

An opportunity to familiarise yourself with gaming addiction is rare indeed. At the end of this session, participants will be able to describe the epidemiology of "video game addiction", the proposed diagnostic criteria for it, existing and suggested modalities of treatment, and the evidence base for inclusion of video game addiction as a formal diagnosis. *Sponsored by Promises Malibu*

T,B,P 6TH FRANK BOUDEWYNS MEMORIAL LECTURE: GLBT CLIENTS

Presented by Joe Amico (US)

Every service has gay, lesbian, bisexual or transgender or 'questioning' clients. Learn how to identify them and prevent relapse by treating those issues alongside chemical dependency. And update yourself on trends in this area.

T,B,F COUPLES IN RECOVERY: 7 GOLDEN RULES FOR HAPPINESS

Presented by John Friel (us)

Many couples do not want intimacy – even when they say they do. Find out why, and how to help them improve relationships by facing conflict instead of repeating old patterns which create unhappiness and could lead to relapse if left untreated.

T,B,M PTSD, COMBAT & CHILDHOOD, PART II

Presented by Larry Ashley (us)

"Even people in supporting roles, such as medics, nurses, people serving grave duty and transport pilots, among others, are also at risk to develop problems. Civilians can be caught in the crossfire or captured; they can become refugees who must flee their homes, becoming survivors of war stress." Learn to help.

3.30- 4.00pm COFFEE & REFRESHMENTS, RAFFLES

Have you won a prize? The list of prizes donated by *Addiction Today* will be in delegate bags. Many exhibitors also award prizes by drawing winners from those who leave their business card at their site.

4.00-5.30pm WORKSHOPS

CHOICE OF TWO:

T,B,M PTSD, COMBAT & CHILDHOOD, PART III

Presented by Larry Ashley (us)

Related problems can be as disturbing as the PTSD. Depression and isolation can become so severe that suicide is viable. Survivors can use drugs/alcohol to get temporary relief from distress or to numb emotions. These can have severely damaging effects on survivors, their family and friends – and lead to divorce, violence, verbal abuse, difficulties at work and worse. Stop the spiral.

T,B,F AGEING AND SUBSTANCE MISUSE: THE HIDDEN EPIDEMIC

Presenters to be confirmed

Society is becoming increasingly aware of substance problems in the elderly – identify the unique motivations and health issues of this age group, to treat them effectively.

T,B THE OTHER DUAL DIAGNOSIS: PEOPLE WITH EATING DISORDERS

Presenter to be confirmed

Women with a chemical disorder are five times more likely to have an eating disorder than the general population. Treat them both effectively.

WITH THANKS TO THE GENEROSITY OF OUR SPONSORS:

Their kind contributions subsidise this symposium's delegate rates so that more professionals and trainees in the field can benefit from world-class experts, exchange knowledge and best practice, and network with like-minded colleagues for professional development and support.

2008/9 SPONSORS INCLUDE:

Addiction Today / Addiction Recovery Foundation (charity no 328133)

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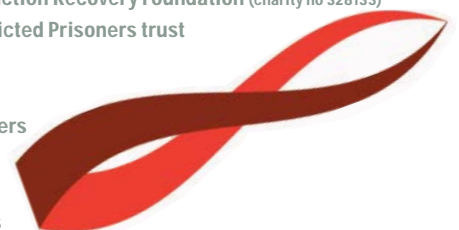
Caron Treatment Centers

Crossroads Antigua

Sierra Tucson

C4 Recovery Solutions

NOMS... C4... Promises Malibu... Hazelden... and more. Thank you!



SYMPOSIUM FACULTY – PRELIMINARY LISTING

More in-depth details of presenters are available at www.ukesad.org, as well as updates on these and new speakers and presentations.

JOE AMICO MDIV, CAS,CSAC GLBT CLIENTS

... is president of the National Association of Lesbian & Gay Addiction Professionals and past president of the National Council on Sexual Addiction and Compulsivity. He serves on the Clinical Issues Committee of NAADAC US, the Board for United Church Coalition for Lesbian and Gay Concerns, and presents on radio. He is a chemical dependency counsellor and works as the community educator at Alternatives, a GLBT mental-health and addiction-treatment programme in the US.

STEPHEN ANDREW LCSW, LADC, CGP AVOIDING BURNOUT



... facilitates adolescent, co-ed, men and couple support groups at the Health Education & Training Institute in Portland Maine. He also provides supervision/coaching to addiction and healthcare providers and facilitates training for Resident Child and Adolescent Psychiatry for Maine Medical Center Department of Psychiatry. He is creator of the SpiritWind CD/ tape series for personal and professional growth, and co-authored the *Men's Healing, Toolbox for Life* book. Stephen is a co-founder of the Men's Resource Center in Maine, was substance abuse coordinator for a public school system, and director of an adolescent substance-abuse prevention and treatment agency.

PROFESSOR LARRY ASHLEY EdS, LADC, CPGC PTSD



... is associate professor in residence-Department of Counsellor Education, director-Problem Gambling Treatment Programme, and undergraduate coordinator at the University of Nevada, Las Vegas. He is clinical assistant professor at the Departments of Internal Medicine and Psychiatry at the University of Nevada School of Medicine – and, of course, an addictions specialist.

MIKE ASHTON (RE)INTERPRETING RESEARCH



... is editor of the online *Drug and Alcohol Findings* and produced the first two *Annual Reports on the State of the Drugs Problem in the European Union* for the European Monitoring Centre for Drugs and Drug Addiction and *Juice*, a magazine for drug users in the UK. He worked for 20 years at the Institute for the Study of Drug Dependence and founded its trade magazine, *DrugLink*. He is a board member of T3E UK, a charity especially concerned with race and drugs issues.

DR LOUIS BAXTER MD, FASAM ASAM/MEDICAL AFFAIRS



... is president of the American Society of Addiction Medicine 2009-2011. He is president and executive medical director of the Professional Assistance Program of New Jersey, Princeton, and medical director of addiction services, New Jersey department of health and senior services. He is also instructor in medicine at the Thomas Jefferson School of Medicine, Philadelphia.

DR DAVID BEST RESEARCH RESULTS: POLICY REALITIES



... is Reader in Criminal Justice at the University of the West of Scotland. Before that, he was senior lecturer in addictions at Birmingham University's Department of Psychiatry, and research & development lead for Birmingham Drug and Alcohol Action Team. He spent 10 years in research at the National Addiction Centre and worked with the Police Complaints Authority and the Prime Minister's Delivery Unit. He was also lead researcher for the NTA.

LAUREN BOOTH CHILDREN OF ALCOHOLICS



... is a broadcaster and journalist, and regularly presents shows for TV and radio. Outspoken on issues as diverse as the war in Iraq and growing up as the child of alcoholics, she will be presenting on *Why is sympathy for abused children jettisoned when they grow up – and how can we prevent it?* Lauren is a sister-in-law of former UK prime minister Tony Blair. In 2006 she was a contestant on ITV reality show *I'm a Celebrity... Get me out of here!*, donating the money she raised to the Interpal charity. She is a supporter of the National Association for Children of Alcoholics.

PATRICK CARNES RECOVERY PATHS | SEXUAL ADDICTION



... is author of *Out of the Shadows: Understanding Sexual Addiction*, *Contrary to Love: Helping the Sexual Addict*, *The Betrayal Bond: Breaking Free of Exploitive Relationships*, *Open Hearts*, *Facing the Shadow*, *In the Shadows of the Net*, *Clinical Management of Sex Addiction and Sexual Anorexia*. He is co-editor of *Sexual Addiction and Compulsivity: the Journal of Treatment and Prevention*, the National Council of Sexual Addiction and Compulsivity's official journal. Patrick is executive director of the Gentle Path programme at Pine Grove Behavioral Center in Mississippi. He also pioneered the Certified Sex Addiction Therapist programme and was awarded the distinguished Lifetime Achievement Award of the Society for the Advancement of Sexual Health.

DEIRDRE BOYD INTRODUCTION



... is cofounder/organiser of UKESAD, CEO of the Addiction Recovery Foundation and cofounder of the Unity group. She is editor of *Addiction Today*, and author of *Addictions: Your Questions Answered*, printed in seven languages, as well as mental-health charity Mind's booklet *Understanding addiction's dependency*. She is a member of the Centre for Policy Studies' Prisons and Addictions unit, and participated in focus groups for the dti's Office of Science & Technology's Foresight project on *Brain Science, Addiction and Drugs*. She was a trustee of the National Association for Children of Alcoholics UK. In 2006, ICAA awarded her the Dr Vincent Bakeman memorial award for Outstanding Community Service.

TOM BRUCE ACCREDITATION

... is a therapist at Castle Craig Hospital and has been responsible for introducing the ICADC – International Certified Alcohol and Drug Counsellor – 'gold standard' accreditation to the UK.

KAY DOWD MBACP, UKRC THERAPY GROUP WORK

... is a humanistic-integrative counsellor, with particular interests in working with addiction, adult survivors of childhood trauma, sexuality, shame and inner-child work. A qualified clinical supervisor, she offers individual and group supervision and is a core tutor on a BACP-accredited training programme; she has also cofacilitated a MA foundation year in Child Psychotherapy. Kay has worked with Sue Sutcliffe for 10 years and in 2007 they founded the Renaissance Therapy Group which offers interventions, family therapy, group therapy, continuing care groups and seminars. They work in private practice in London's Harley Street, and are preferred providers for many of the major health-insurance companies.

JANE EIGNER MINTZ MA, PC, BCPC, BRI-II, CAI INTERVENTIONS



... is a board member of the Association of Intervention Specialists. Her areas of competency include crisis intervention strategies for both the addicted and behavioural-health populations and special populations that include process addictions such as eating disorders, sexual compulsivity, gambling and financial disorders, internet gaming, shopping/hoarding and love addictions. Jane's special training involved working with female clients with complex trauma, dual diagnosis, legal and lifestyle issues.

PROFESSOR CARLTON ERICKSON NEUROCHEMISTRY



... is the Pfizer Centennial Professor of Pharmacology and director of the Addiction Science Research & Education Center in the College of Pharmacy, University of Texas. He is an active researcher and science educator who believes that new research on addictions can be successfully transmitted to non-scientists who need such information. He is an associate editor for *Alcoholism: Clinical and Experimental Research*. He is co-author of Hazelden booklet *Your Brain on Drugs*, and of *Drugs, The Brain & Behavior*, published by Haworth Medical Press. He is the author of over 150 scientific publications, and is an expert on the relationship between addiction neurobiology and the recovering community.

DAVID FINNEY STANDARDS



... is the lead person in CSCI, the Commission for Social Care Inspection, responsible for overseeing the regulation of residential-rehabilitation services in England. He has links with the National Treatment Agency, Department of Health, EATA and many individual rehab services. Within CSCI, he promotes training of inspectors and formulates policy. His 33 years of service in social care have encompassed child-care social work, family therapy, various management roles and 12 years in inspection.

PHILIP FOX MATINEE PLAY - RELAPSE PREVENTION



... is an actor and director, and founder of the Outside Edge Theatre company which brings addiction-related issues to the public stage as well as customising performances for addiction-treatment centres and their recovering clients. He is photographed here with some of his cast.

MARK GILMAN BEST PRACTICE IN COMMISSIONING



... has been the North West regional manager of the National Treatment Agency for Substance Misuse in England since 2004 and is recognised for his best practice in commissioning. He has a first degree in Organisation Theory and a MA in Drugs, Crime & Social Deviance. He has been working with problem drug users since the 1970s. In his current role, he works with Drug and Alcohol Action Teams in local authorities, and has established the North West Recovery Forum.

ANDREA GRUBB-BARTHWELL MD ASAM ISSUES



... is CEO of \$30million-turnover HRDI. She was a principal adviser in the [White House] Executive Office of the President on drug policies, was on the White House Task Forces on Disadvantaged Youth and Domestic Violence, and nominated as deputy director for Demand Reduction in the UN Office of National Drug Control Policy. She worked with the National Institute on Drug Abuse to define its research scope, hosted a weekly cable show on Aids, and was president of the American Society of Addiction Medicine. In 2003, Andrea received the Betty Ford Award, from the Association for Medical Education & Research in Substance Abuse. In 1997, she was named one of the "Best Doctors in America" in addiction. She is a trustee of the Addiction Recovery Foundation, which organises UKESAD.

JOHN FRIEL COUNSELLING FOR COUPLES IN RECOVERY



... is an internationally recognised speaker and trainer and, with his wife Linda, the best-selling author of *Adult Children: The Secrets Of Dysfunctional Families*, *An Adult Child's Guide To What's 'Normal'*, *The 7 Worst Things (Good) Parents Do* and *The 7 Best Things (Happy) Couples Do*. He has worked on these topics with the University of Minnesota Medical School. As psychologists providing individual, couple and family therapy, as well as men's and women's therapy groups, the Friels have been in private practice for over 20 years. They are the founders and owners of the 3.5-day ClearLife Clinic, a gentle process to help people replace old patterns of living with more effective ones.

KATHY GYNGELL INFLUENCING POLICY



... is research fellow at the Centre for Policy Studies and chair of its Prisons and Addictions Forum. She has chaired and authored two *Addictions* volumes for *Breakdown Britain* and *Breakthrough Britain*, the Social Justice Policy Review for the Conservative Party.

ESTHER HARRIS CONFIDENTIALITY IN FAMILY ISSUES



... is the family practitioner for Drugs and Homeless Initiative, a service provider for South Gloucestershire Drug and Alcohol Service. She has worked in substance misuse since 1995; in 2002, Esther first joined DHI and as a team leader developed the daycare service. She also worked for Clouds Families Plus as therapeutic team leader before returning to DHI. Esther holds diplomas in counselling and is a qualified clinical supervisor.

LINDA HILL BA HONS+ POST-TRAUMATIC STRESS DISORDER



... is the post-traumatic stress disorder specialist at Castle Craig Hospital, is a senior accredited member of BACP and an EMDR Europe accredited consultant, and has a BA (Hons), Dip Counselling, Dip Supervision and Mentoring. Her experience in PTSD and Complex PTSD is from within the NHS and in private practice. Linda previously worked at the Sandyford Initiative in Glasgow with women who had been sexually assaulted or had experienced childhood abuse. Before that, she worked at the Yorkhill Family Bereavement Centre with people affected by the death of a child.

PROFESSOR NORMAN HOFFMANN PhD TA



... was clinical associate professor of community health at Brown University in Rhode Island and editor-in-chief of *Substance Abuse Treatment, Prevention & Policy*. He is currently adjunct professor of Western Carolina University and director of Evince Clinical Assessments.

ANDY HORWOOD INFLUENCING POLICY

... is commissioning manager of Milton Keynes Drug Action Team, and a contributing author and researcher for the two *Addictions* volumes for *Breakdown* and *Breakthrough Britain*, the Social Justice Policy Review for the Conservative Party.

BRIAN IDDON, MP BEHIND THE SYMPTOMS



... is chairman of the All-Party Parliamentary Drugs Misuse Group and Member of Parliament for Bolton, South East. He was a member of the Science & Technology Select Committee, has BSc, PhD and DSc degrees from the University of Hull, and was a reader in organic chemistry at the University of Salford. Brian served on Bolton Council for 21 years (1977-1998) and was first elected to Parliament in 1997, re-elected in 2001 and 2005. His main interests are in the science, education, and health and social-security policy areas.

CHRISTOPHER KENNEDY LAWFORD RECOVERY JOURNEY



... holds a Bachelor of Arts from Tufts University, a Juris Doctor from Boston College Law School and a Masters Certification in Clinical Psychology from Harvard Medical School. He has worked extensively in Hollywood as an actor, lawyer, executive and producer, and his first book, *Symptoms of Withdrawal* was a *New York Times* bestseller – his second book, *Moments of Clarity*, has just been published. He is currently a public advocacy consultant with Caron treatment centres, a leading nonprofit provider of addiction treatment. He raises awareness about addiction and long-term recovery by sharing his experience, strength and hope with clinicians, educators, families and professionals. He has three children and lives in California.

DR JACK KUO VIDEO GAME ADDICTION



... works as a consulting psychiatrist for Promises Treatment Centers, Malibu. He began work in the field of addictions as an outreach counsellor for homeless teenagers in Waikiki, then completed his psychiatric residency and addictions psychiatry fellowship at Cedars-Sinai Medical Center. He has chaired workshops on video game addiction for the American Psychiatric Association and appeared on the *Greg Behrendt Show* as an expert consultant on videogame addiction. *Sponsored by Promises Malibu*.

MARTIN LEE OFFENDER MANAGEMENT

... is head of the Drug Strategy Team at the Home Office's National Offender Management Service Intervention and Substance Abuse Unit.

PROFESSOR NEIL MCKEGANEY BA, MSc, PHD RESEARCH



... is professor of Drug Misuse Research and founding director of the Centre for Drug Misuse Research within the University of Glasgow. He graduated from the Universities of Sussex, London and Aberdeen. Over the past 16 years, his research in the drug misuse field included drug injectors and HIV, prostitution and young people. He led the research team which

piloted the ADAM methodology of interviewing and drug-testing arrestees. He is a member of the Greater Glasgow Drug Action Team. He has acted as an adviser to the UK Home Office, the World Health Organisation and the US Department of Justice. His most recent book, co-authored with Professor James McIntosh, is *Beating the Dragon: the recovery from dependent drug use*.

ANTHONY MASSOURAS UKESAD COMMITTEE



... is founder and owner of Mimosa Healthcare Group, which offers acute and sub-acute care services and is the UK premier provider of training in its field. Mimosa is also the fastest growing provider of residential treatment services for alcohol dependence in the UK. In 2007, Anthony succeeded Lord Mancroft as chairman of the Addiction Recovery Foundation, publisher of *Addiction Today* and organiser of UKESAD. He is also a member of the government's Ambassador Apprenticeship Network and a non executive member of the Management Committee of the Adult Learning & Skills Council, the government agency that promotes and develops adult work-based training.

DR MIKE MCPHILLIPS MA(CANTAB), MBBS, MRCP, MRCPsych



... is a trustee of the Addiction Recovery Foundation and heads its medical affairs committee. He is a consultant psychiatrist to the Causeway and Priory Hospital Roehampton. A general adult psychiatrist with specialist training in substance misuse, he was NHS consultant to the Riverside Substance Misuse Service in Kensington and Chelsea (1998-2002), a lecturer in psychiatry at Imperial College Medical School (1994-1997), and is author of over 20 research papers, book chapters and other articles.

DR MICHAEL MILLER MD, FASAM, FAPA ROLE OF DOCTORS



... was president of the American Society of Addiction Medicine until 2009, having previously served as its secretary. He is medical director of Meriter/New Start, specialising in addiction.

DAVE MULVANEY UKESAD COMMITTEE



... is part of the senior management team at the Rehabilitation for Addicted Prisoners' trust (RAPt). He trained as an addictions counsellor with Clouds and King's College University in London to post-graduate level. He has over 15 years' experience of frontline service delivery, development, management and training, starting as a social-work team manager at a drug-crisis intervention centre serving 33 London boroughs. He developed services for BME crack users, then managed the Sharp 12-step day programme, where he built an evidence- and outcome-based relapse prevention & aftercare programme. He is a trustee of the Addiction Recovery Foundation, which organises UKESAD.

DR DAVID POWELL PHD, LADC, CCS, LMFT SUPERVISION



... is president of International Center for Health Concerns and co-editor of the *Journal of Chemical Dependency Treatment*. He helped start addiction treatment and 12 step programmes in China and led the World Health Organisation China Institute on Addiction in Beijing, 2002. His texts on clinical supervision are used extensively in the clinical supervisor exam of the International Certification and Reciprocity Consortium. David is a licensed alcohol and drug abuse counsellor, licensed marriage and family therapist. His books include *Clinical Supervision in Alcohol and Drug Abuse Counseling* and *Clinical Supervision: Manual and Workbook*. Sponsored by Crossroads.

PROFESSOR DAVID ROSENBLUM DEMAND TREATMENT!



... is professor of public health at Boston University School of Public Health and director of its online JoinTogether.com, which has become the nation's dominant electronic publisher of information on substance abuse. Its Demand Treatment! programme is a multi-year effort to drive up the demand for alcohol and drug treatment and intervention. David is also adjunct lecturer at Brandeis University and a member of the National Institute on Drug Abuse national advisory council. He is a director of the Spaulding

Rehabilitation Hospital and founded Community Medical Alliance, a direct provider and insurer of medical care for people with catastrophic illness.

DAVID ROSENKER INTERVENTIONS



... is executive vice president of Treatment Services, responsible for management of Caron's residential treatment services. With over 25 years' experience in the field of chemical dependency, he specialises in treatment for adolescents as well as adults, and has designed and implemented many community and professional training programmes and has refined customer service methods. He holds a bachelor's degree in business administration, plus continuing education specialising in chemical dependency.

MICHAEL TALAIEFF PHD, CSAC, MAC CRITICAL THINKING



... is an instructor at the University of Hawai'i at Manoa and West O'ahu, and National University-Hawai'i Branch. He was the first editor of the *Journal of Teaching in Addictions*, and served two terms as president of the International Coalition for Addiction Studies Education. Michael has also authored many articles and chapters such as for US *Counselor* magazine, as well as *A Handbook to Access and Treat Resistance in Chemical Dependency*, and is co-author of *A Recovery Workbook: The Road Back from Substance Abuse*. He conducts critical thinking research in the addiction field.

MIKE TRACE OFFENDER ISSUES

... is CEO of the Rehabilitation for Addicted Prisoners' trust. Before leaving a secondment to the United Nations Office on Drugs and Crime in 2003, he was director of performance at the National Treatment Agency for Substance Misuse, and was the deputy UK 'drug czar' 1997-2001. He chaired UN technical committees on drugs issues and was for two years chair of the European Monitoring Centre for Drugs and Drug Addiction.

PHILIP TRENCHARD CLIENT CONFIDENTIALITY

... is head of family programmes at the Nelson Trust in Gloucestershire.

PROFESSOR ROGER WEISS DUAL DIAGNOSIS



... is professor of psychiatry at Harvard Medical School and clinical director of its affiliate McLean Hospital alcohol and drug abuse treatment programme. He has focused his research and clinical interests on the evaluation and treatment of patients with cocaine dependence, and on substance-dependent patients with psychiatric illness. He is PI of the Harvard site of the NIAAA-funded Project Combine, examining optimal combinations of pharmacotherapy and psychotherapy for alcohol-dependent patients. He is also PI for the Harvard site on a NIDA-funded study of genetics of cocaine dependents, as well as PI for the Harvard University northern New England node of the NIDA clinical trials network, to develop and implement drug-abuse treatment studies in community treatment programmes.

DR MICHAEL WILKS EVOLVING ROLE OF DOCTORS

... is president of the Standing Committee of European Doctors/Comité Permanent des Médecins Européens which represents about 2million doctors across Europe. He is also chair of the Rehabilitation for Addicted Prisoners trust and was chair of the British Medical Association's Ethics Committee.

JEFF WILBEE ACCREDITATION FOR COUNSELLORS



... is president of the International Certification and Reciprocity Consortium (IC&RC), the 'gold standard' accreditation for addiction therapists recognised in over 69 countries. He is executive director of the Canadian Addiction Certification Federation, and adviser to the Canadian Addiction Workforce Development Task Force. Jeff is working with UKESAD and the UK Professional Creditation Board of Alcohol & Drug Counsellors to promote and implement high-quality accreditation this side of the Atlantic.

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Their generous contributions subsidise this symposium/delegate rates so that more professionals and trainees in the field can benefit from world-class experts and networking with like-minded colleagues.

EXHIBITION SPACE: UKESAD 2009

Throughout the symposium, there will be an exhibition of displays by treatment centres and related disciplines such as pharmacological and software companies and drug testing providers. Delegates can stroll around the exhibition rooms, familiarising themselves with the offerings on display, and interacting with exhibitors. Raffles will be held to encourage visits. Refreshments will also be served in this airy 18' high room.

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6th UK/EUROPEAN SYMPOSIUM ON ADDICTIVE DISORDERS

Millennium Gloucester Hotel, 4 -18 Harrington Gardens,
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Please confirm reservation of places for the full three-day symposium at £325/£357/£375/£425 per place (delete as appropriate) TOTAL: £

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Please return all exhibitor/delegate booking forms to Melissa Gordon/Suzanne Gooch:

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