



MAKING TIME FOR TREATMENT

# 9<sup>TH</sup> UK/EUROPEAN SYMPOSIUM ON ADDICTIVE DISORDERS, LONDON

EUROPE'S LARGEST CONFERENCE ON ADDICTION TREATMENT 10, 11, 12 MAY 2012

## HOW TO RECOVER FROM ADDICTION: A STRONG AND STABLE RECOVERY FOR A STRONG AND STABLE SOCIETY

### ORGANISED BY:

Deirdre Boyd of *Addiction Today*/Addiction Recovery Foundation, Anthony Massouras of Linwood, Dave Mulvaney of RAPT, Sir Niels Olsen, John Southworth of Southworth Associates, Melissa Gordon/Suzanne Gooch/Laura Graham of ARF, Tom Bruce of UKPCBAD/IC&RC-CEUs.



### 2012 MAJOR INTERNATIONAL SPONSORS INCLUDE:

ADDICTION TODAY... ADDICTION RECOVERY FNDN... REHABILITATION FOR ADDICTED PRISONERS' TRUST... DARA REHAB ASIA... CASTLE CRAIG HOSPITAL... PROMISES TREATMENT CENTERS... TORANFIELD.. BEHAVIORAL HEALTH OF THE PALM BEACHES... VILLA VERITAS FOUNDATION... MONTROSE SA... CASA PALMERA... START2STOP... THE REFUGE... TTP/TRUST THE PROCESS... LUNDBECK SCANDINAVIA... BRIDGES TO RECOVERY... CROSSROADS... COTTONWOOD... C4 RECOVERY... KHIRON HOUSE... EUROSPAN/HAZELDEN... BROADWAY LODGE... ALINA LODGE... ONSITE... SIERRA TUCSON... BETTY FORD CENTER... ROSEWOOD INSTITUTE... LINWOOD GROUP...



- We look forward to seeing friends old and new, to the 'buzz' of like minds, and exchanging international expertise at this unique multidisciplinary event, via our 40 presentations hosted by about 60 national and international speakers.
- Network with over 600 attendees in luxury London riverside hotel.
- Topics include family-of-origin and core-trauma issues, long-term sustainable recovery, dual diagnoses, relapse prevention, brief interventions, neurochemistry of addiction, monitoring outcomes and case management, government drug strategy – and more.
- Half-day workshops on dual diagnoses and on men's work.
- Interventionists from the renowned A&E *Interventions* TV programme and AIS International give interactive panel discussions.
- The 60 speakers include David Burrowes MP, bestsellers Rokelle Lerner, John Friel and Dan Griffin, Professor John Kelly, Professor Phyllis Gardner of IC&RC, Professor Rowdy Yates, Professor Keith Humphreys, Dr Mike Miller of ASAM on its latest definition of addiction, interventionists Rebecca Flood, Brad Lamm and Ken Seeley, researchers from the Centre for Policy Studies and the Centre for Social Justice, Judy Crane and others on trauma... and more.
- Programme, early-bird discounts, exhibitor floorplan, accommodation and other details are updated continuously at [www.ukesad.org](http://www.ukesad.org).
- Book and pay now to get 'early bird' discounts on delegate bookings!
- Register online at [www.ukesad.org](http://www.ukesad.org) or email [info@ukesad.org](mailto:info@ukesad.org). Suzanne Gooch looks after delegates, Melissa Gordon exhibitors.

BRINGING TOGETHER ADDICTION PROFESSIONALS TO EXCHANGE PRACTICE PERSPECTIVES



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## HOW TO RECOVER FROM ADDICTION: A STRONG AND STABLE RECOVERY FOR A STRONG AND STABLE SOCIETY

**ADDICTION TODAY  
& the  
ADDICTION  
RECOVERY FOUNDATION**

are proud to welcome you to the  
9<sup>TH</sup> UK/European Symposium  
on Addictive Disorders

Enjoy the 'buzz' from about 600 attendees,  
unique networking, discussions with leaders  
in the field, exchange of national and  
international knowledge,  
great food, exhibits, music, play,  
your free journal, handouts-CD and more  
including time to gain training credits.

**RECLAIMING LIVES. FOR LIFE**  
charity no 328133



### CONTINUING EDUCATION CREDITS: INTERNATIONALLY RECOGNISED 'GOLD STANDARD' QUALIFICATIONS

A certificate of attendance will be provided for delegates wishing to apply for Continuing Education Credits.

The symposium is accredited by UKPCBADC, the UK Professional Certification Board of Alcohol/Drug Counsellors, a member board of the 'gold standard' IC&RC International Certification & Reciprocity Consortium of Alcohol & Drug Counsellors.

These credits are internationally recognised in about 69 countries, including the US, Canada and Europe.

The UKESAD attendance certificate is also recognised by a range of accrediting bodies throughout the UK.

### WE ARE GRATEFUL TO OUR SPONSORS:

Their generous contributions subsidise this symposium/delegate rates so that more professionals and trainees in the field can benefit from world-class experts, exchange knowledge and best practice, and network with like-minded colleagues, raising standards for the ultimate benefit of addicts and their families seeking recovery.

### MAJOR SPONSORS INCLUDE:

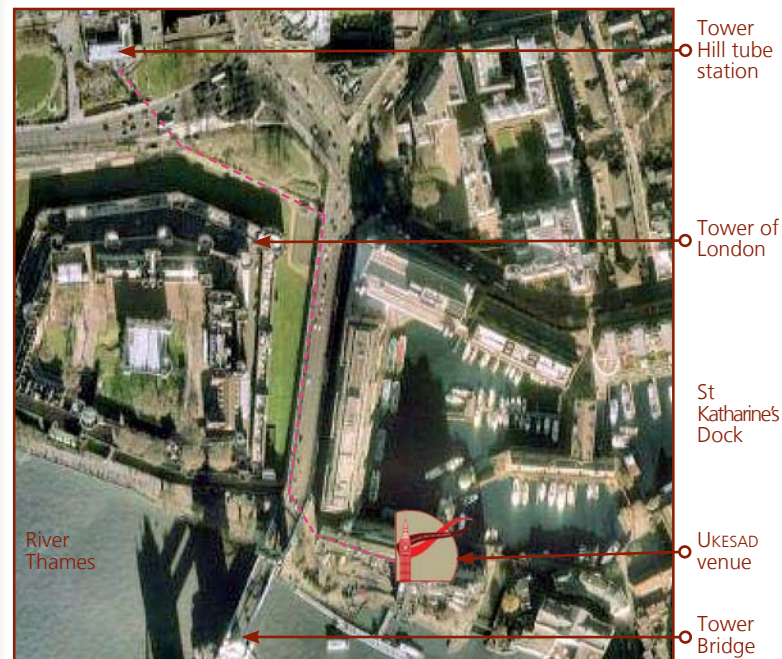
*Addiction Today*... *Addiction Recovery Fndn*... *RAPt*... *Linwood*... *Castle Craig Hospital*... *Behavioral Health of the Palm Beaches*... *Betty Ford Center*... *Bridges to Recovery*... *Dara Rehab Asia*... *Promises Treatment Centers*... *Crossroads*... *TTP/Trust The Process*... *Sierra Tucson*... *Montrose SA*... *Casa Palmera*... *The Refuge*... *Eurospan/Hazelden*... *Start2Stop*... *Villa Veritas Foundation*... *Alina Lodge*... *Broadway Lodge*... *C4 Recovery*... *Lundbeck*... *Rosewood Institute*... *Toranfield*... *Cottonwood*... *Khiron House*...

**Venue:** Guoman Tower, St Katharine's Way, London E1W 1LD  
[www.guoman.com/en/hotels/united\\_kingdom/london/the\\_tower/location/index.html](http://www.guoman.com/en/hotels/united_kingdom/london/the_tower/location/index.html)

**Nearest Tube stations:** Tower Hill, Monument, Aldgate.

**Nearest railway stations:** Fenchurch Street, Liverpool Street (Eurostar), Blackfriars, London Bridge.

**Car park:** 80 on-site car parking spaces.



## THURSDAY 10 MAY 2012

Each session will cover one or more of these: therapeutic issues, brief interventions, interventionism, policy, management/building business.

### 8.00-9.00am 'EARLY BIRD' SESSIONS CHOICE OF 2/3

#### ROUND-TABLE: EUROPE, SCANDINAVIA, MIDDLE EAST

with Niels Olsen (Denmark), Svein Furnes (Norway), David DelaPalme (France), Tato Sainz (Spain), Mouna Yazigi (Beirut) & others

Addiction-treatment professionals outside the UK and US are usually pioneers with no national support. This session offers networking, recognition, validation and updates on common accreditation standards.

(The next two might move to 7am if delegates want to attend all three sessions)

#### NEUROFEEDBACK MEDITATION

Facilitated by Sarah Graham

Take 15 minutes to calm and balance your emotions, while simultaneously recharging your energy to get the most out of your day, using the latest developments combining trauma therapy and neuro research.

#### 12-STEP MEETING

Hosted by John Southworth

After the Mindfulness Meditation, members of 12-step fellowships have the opportunity to share concerns and successes, large and small, and start the day with strong support.

### 7.50-9.30am REGISTRATION & REFRESHMENTS

Get your delegate bag with guides, raffle forms and other useful items.

### A BROAD AND VARIED AGENDA

Each presentation and workshop at this symposium addresses one or more of the five core themes below, with national and international contributions so that we can share knowledge and experience of good practice and leading-edge approaches – and pitfalls to avoid.

- intensive therapeutic effectiveness and family-of-origin issues
- brief interventions – for addicts and families of addicts
- new government policies: how they affect management and care
- structured interventions
- building referrals, enhancing incomes and outcomes.

### PRESTIGIOUS INTERNATIONAL FACULTY

We have assembled an impressive range of presenters from around the world who have either accumulated vast experience of direct work with clients, or have published relevant academic or practical works – you can read an unrivalled list of achievements in the speaker biographies towards the back of this programme. More details at [www.ukesad.org](http://www.ukesad.org)

### ORGANISING COMMITTEE MEMBERS

- Deirdre Boyd of *Addiction Today*/Addiction Recovery Foundation: UKESAD cofounder and lead organiser
- Anthony Massouras of Linwood Group; ARF chairman
- Dave Mulvaney of RAPT; ARF trustee
- John Southworth of Southworth Associates: interventionism
- Sir Niels Olsen, Scandinavia affiliate
- Melissa Gordon at ARF: contact for exhibitor bookings
- Suzanne Gooch at ARF: contact for delegate bookings
- Tom Bruce of UKPCBAD: contact re IC&RC CEUs
- Steve Broughton: contact for accounts.

## PRELIMINARY PROGRAMME

### 9.30-11am OPENING PLENARY

**WELCOME AND INTRODUCTION:** by Deirdre Boyd

#### GOVERNMENT POLICY: AIMING TO CREATE A STRONG & STABLE SOCIETY

David Burrowes MP and the Rt Hon Lord Mancroft,

The coalition government's drug strategy has been in motion for over a year, payment-by-result pilots have gone live, commissioning decisions will be in the hands of local authorities – which are cutting budgets. And fears about implementation have led to a rehab revolution. Get a clear overview.

#### HEALING TROUBLED FAMILIES, HEALING ADDICTED FAMILY SYSTEMS

Presented by Rokelle Lerner

Help your clients to prevent relapse and build family support systems with a range of techniques from setting healthy boundaries for relationships, to addressing family secrets, right through to affirmations for children.

#### CONCLUSION: "RECOVERY ANTHEM"

The composer of last year's hugely successful anthem inspires us anew.

### 11.00-11.30am COFFEE & REFRESHMENTS

- Book signings by UKESAD presenters who are also bestsellers.
- Complimentary head/shoulder massages by Françoise Thomas of Ki Energy.

### 11.30-1.00pm WORKSHOPS

CHOICE OF FOUR:

#### THE LATEST DEFINITION OF ADDICTION

Presented by Dr Mike Miller

Four years of work with 80 experts led the American Society of Addiction Medicine to publish the latest definition of addiction – linking outward behaviours to neurological disorders. The chair of the committee explains the reasoning behind the definition and answers your questions.

#### IMPACT OF RISK FACTORS ON REOFFENDING AND REHABILITATION

Presented by Gail Jones and Lucy Dean

This presentation describes the findings of the Rehabilitation for Addicted Prisoners Trust reoffending analysis which examined the impact of a range of risk factors – including age, drug(s) of choice, comorbidity, motivation, social skills and impulsiveness – on reoffending within a year after release. Explore the implications of these findings for the development of integrated and holistic treatment.

#### MATINEE PLAY – EVENT FOR THE SCANDINAVIAN DELEGATION

Presented by the Outside Edge Theatre Company

The cast recreate scenes of trouble, then allow re-enactment and debriefing to change personal stories and give a tool to avoid triggers back into damaging addictive habits.

#### THINK TANKS' LATEST THINKING: UPDATES ON DRUG POLICY

Presented by Ali Crossley and Kathy Gyngell

Research fellows from the Centre for Social Justice and the Centre for Policy Studies share their latest comprehensive reviews of drugs policy, and examine the effectiveness of the 2010 *Drug Strategy*, alerting delegates to implications in the immediate and longer-term future.

### 1.00-2.00pm LUNCH

- Book signings by UKESAD presenters who are also bestsellers.
- People wishing to network and chat can avail of the extensive Guoman Tower seating on the first and ground floors. →

## THURSDAY 10 MAY 2012 CONTINUED

Each session will cover one or more of these: therapeutic issues, brief interventions, interventionism, policy, management/building business.

### 2.00-3.30pm WORKSHOPS

#### THE LONELIEST HEART: THE MANY FACES OF TRAUMA

Presented by Judy Crane

Addictions are coping mechanisms of trauma survivors, particularly process addictions. As trauma survivors identify themselves after years of secrets, lies and isolation, we are seeing lonely disconnected people who crave connection and intimacy, attachment, love and acceptance... a need for belonging. Too often, this is unhealthy or non-existent attachment. This presentation will address concrete interventions for healing the loneliest heart. *Sponsored by The Refuge - A Healing Place*

#### THE ROLE OF IMPULSIVITY IN TREATMENT OF DUAL-DIAGNOSIS PATIENTS

Presented by Dr Jodi Star and Tammy Mallow

Recent studies suggest that impairment in impulsivity can play a critical role in initiation and continuation of substance use. Eating disorders, attention deficit hyperactivity disorder, post-traumatic stress disorder and mania all impact a patient's impulsivity. Delegates will review accepted medical definitions of impulsivity, and identify impulse-control deficits in the dual diagnoses population. Be briefed on multimodal interventions and treatment strategies using interactive techniques and clinical cases to encourage audience participation. *Sponsored by Behavioral Health of the Palm Beaches*

#### WORKING TOWARDS A NEW GENERATION OF REHABS

Presented by DARA Rehab Asia speaker

Learn how to optimise treatment when your clients arrive from all continents and over 50 countries, with varying cultures, attitudes and languages.

#### RECOVERY CAPITAL AND ADDICTION THEORY: THE ODD COUPLE

Presented by Professor Rowdy Yates

Understanding addiction as a disorder involving biological/physiological, psychological, socio-cultural and socio-economic elements is a foundation for good practice in treatment interventions. This workshop helps develop recovery capital as a means of avoiding relapse, sustaining recovery and proposes a theoretical framework – based on De Leon's 10-stage recovery paradigm – which locates recovery capital in a biopsychosocial theory of addiction, allowing recovery planning from assessment to after-care.

### 3.30- 4.00pm REFRESHMENTS, BOOK SIGNINGS

### 4.00-5.30pm WORKSHOPS

#### CHOICE OF FOUR:

#### TRAUMA THERAPY AND THE SENSORIMOTOR APPROACH

Presented by Castle Craig speaker

Work in sensorimotor psychotherapy focuses on both the devastating effects of trauma-induced alterations on mind, and on body and brain. At the end of this presentation, you will be able to describe how the body has been left out of the "talking cure", review recent advances in the trauma, neurobiology, developmental and psychodynamic literatures that strongly suggest that bodily-based behaviours, affects, and cognitions must be brought to the forefront of the clinical encounter.

#### HEALING FROM MULTIPLE ISSUES: CO-OCCURRING DISORDERS IN RECOVERY

Presented by Heather Hayes

Recovery can be a journey of ups and downs and sometimes it can get overwhelming. So how do you know when you or your loved one are dealing with mental health issues, other addictions, or just struggling with

early recovery? Explore psychiatric disorders including anxiety disorders, post traumatic stress disorder, depression, bipolar disorder and thought disorders, as well as process addictions. Differentiate between issues in early recovery and other diagnoses, which need additional treatment and/or other forms of support and fellowships for recovery. *Sponsored by Bridges to Recovery*

#### MATINEE PLAY: DOUBLE WHAMMY

Presented by the Outside Edge Theatre Company

A three-year research project with Kingston University is studying this latest theatre intervention, produced in association with RAPT, to extend understanding of the effectiveness of interactive theatre in changing the behaviour of substance misusers, an area currently under-researched.

#### WORKING WITH DIFFICULT CLIENTS

Presented by Michael Hornstein

How the most 'difficult' clients can metamorphose into the most rewarding if we use the right techniques and insights. *Sponsored by Alina Lodge - Little Hill Foundation*



### 7.00pm onward EVENING EVENTS

#### MUSIC TO OUR EARS: ALPHA MUSIC AND MOTIVATION

Presented by John Levine

Analyse how music affects brain patterns and can be applied to moods and motivations of patients. The creator of alphamusic explains how this specially designed and EEG-measured aid can help put your and your client's brain into an alpha peaceful state to help with problems such as stress, insomnia, ADHD, , grief, emotional fluctuations and much more.

#### FAMILY INTERVENTIONS: GET THE VERY BEST

Presented by Rebecca Flood, John Southworth, Brad Lamm and others

Structured interventions are successful in about 85% of all cases. Even in the rare instances an addict/dependent does not enter care, family members open up to support for their own needs. When are interventions appropriate and what is involved? The president and board members from the Association of Intervention Specialists are joined by the pioneers of interventions in the UK and Europe.

#### INCLUDES: CREDENTIALLING FOR A STRONG AND STABLE WORKFORCE

Presented by Dr Phyllis Gardner

### Flexible time

#### 'OPEN' NARCOTICS ANONYMOUS / 12-STEP MEETING

Time to be confirmed – check at the NA exhibitor stand

FRIDAY 11 MAY 2012

**8.00-9.00am 'EARLY BIRD' SESSIONS****NUTRITION***Presented by David Benton*

Learn a Maori model of health, Te Whare Tapa Wha, where the balance of Taha Tinana (physical health), Taha Wairua (spiritual health), Taha Whanau (family health), and Taha Hinengaro (mental health) are all essential for wellness, and rooted in the 12-Steps for a fulfilling drug-free life.

**12-STEP MEETING** (open meeting)*Hosted by John Southworth; check time at Registration as might be 7am***7.50-9.30am REGISTRATION & REFRESHMENTS****9.30-11am OPENING PLENARY****EMPIRICAL AWAKENING: THE NEW SCIENCE ON MUTUAL AID, AND CLINICAL INTERVENTIONS TO FACILITATE ITS USE***Presented by John F Kelly*

Mutual-aid organisations provide long-term recovery support for free in the community, but determining their exact clinical benefits has remained elusive. This presentation reviews the latest scientific evidence for the effectiveness and healthcare cost-offset potential of mutual-aid participation, including results from the latest randomised controlled trials of Twelve-Step Facilitation.

**11.00-11.30am COFFEE & REFRESHMENTS**

- Book signings by UKESAD presenters who are also bestsellers.
- Complimentary head-and-shoulder massages throughout the day.

**11.30-1.00pm WORKSHOPS CHOICE OF FOUR:****CASE MANAGEMENT: AFTERCARE AND MONITORING***Presented by John Southworth*

Southworth Associates has over 27 years of client outcomes, estimating long before research proved it that monitoring has a dual function as a therapeutic tool. It monitors doctors, nurses, dentists and lawyers. The presenter shares its techniques so you can enhance clients' outcomes – and provide evidence.

**CLUB DRUGS AND MORE***Presented by Owen Bowden-Jones, 'Fat' Tony*

The chair of the Addictions Faculty of the Royal College of Psychiatrists opened a clinic last year specialising in club drugs. He recounts his experiences, which DJ 'Fat' Tony complements his evidence base with anecdotes from inside the current club scene.

**THE MECHANISM OF TRAUMA: HOW UNFINISHED BUSINESS IN THE NERVOUS SYSTEM MAKES ADDICTION INEVITABLE – AND WHAT TO DO ABOUT IT***Presented by Benjamin Fry*

Trauma is in the body, not in the event. The inability of the human system to complete the stress response to trauma leaves a legacy in the body. We medicate that in many compulsive and addictive ways, including process addictions and cognitive distortions. *Sponsored by Khiron House*

**CREATE YOUR OWN LIVING CENTRED PROGRAMME***Presented by Miles Adcox and the team at OnSite*

At the end of this presentation, you will be able to steer your clients' lives back to centre. Do not let life events, relationships, trauma or distorted behaviours in them or those they love, depression, anxiety, codependency or stresses of daily living keep them from the peace and balance they desire.

PRELIMINARY PROGRAMME

**1.00-2.00pm LUNCH****2.00-3.30pm WORKSHOPS****TOP 10 MISTAKES PARENTS IN RECOVERY MAKE WITH THEIR CHILDREN***Presented by Professor Phyllis Gardner*

Parents in recovery fear their children's increased genetic vulnerability to damaging addictive habits – but parenting skills or the lack of them affect children's behaviour more than genes do. This workshop will enable you to list for your clients pitfalls to avoid, and comply with predictors of success.

**SPIRITUAL PATHWAYS TO PSYCHOLOGICAL CHANGE AND RECOVERY***Presented by Peter Powis, Johan de Goede*

The spirituality component of a treatment programme is often seen as a "nice-to-have" luxury. But it provides a distinct space for tapping into clients' experiences to enhance resilience, creativity and open-minded exploration. Experiential processes enhance psychological change. *Sponsored by Montrose*

**THE RECOVERY COMMUNITY MODEL: ITS DEVELOPMENT IN THE UK***Presented by Tom Kirkwood and Gavin Cooper*

"Just because you provide rehab does not mean you provide only rehab" – links with others strengthen your service, offering provision from detox to sessional work to daycare to rehab to aftercare and more. Discover a business template to benefit your business/community. *Sponsored by Trust The Process*

**ESSENTIAL TRAINING TO HELP SURVIVORS OF CHILDHOOD SEXUAL ABUSE***Presented by Fiona Ellis and Clare Wilson*

This presentation offers analysis, positivism and recognised therapies to men and women who have taken the brave step in disclosing their experiences and who are in urgent need of help.

**3.30- 4.00pm REFRESHMENTS, BOOK SIGNINGS****4.00-5.30pm WORKSHOPS CHOICE OF FOUR:****MOTIVATION FOR MAINTENANCE OF RECOVERY***Presented by George du Wors*

Analyse how the creators of motivational interviewing ignored tools and research relating to the "maintenance" stage of change. Identify eight "motivational discrepancies" at the moment of relapse, each one motivating not just for change, but for maintenance of long-term recovery.

**OXYGEN AS AN ADJUNCT THERAPY: A BREATH OF FRESH AIR***Presented by Castle Craig*

Learn how an oxygen hyperbaric chamber can help heal clients who might otherwise be regarded as too physically ill to benefit from rehab.

**HOW TO HELP THE ONE YOU LOVE***Presented by Brad Lamm*

This is "one cup information, another cup inspiration", exploring how the Invitation2Change intervention can help someone you love. Brad breaks down four steps from his book and analyses roadblocks which stopped us from helping someone we love. *Sponsored by Rosewood Institute*

**THE CONCORDAT OF DRUG-FREE CARE: THE REAL REVOLUTION***Chaired by Deirdre Boyd*

Catch up on progress and the latest thinking to influence policy from the UK's largest union of abstinent treatment providers, which are also networking 30,000 rehab *alumni* as the Concordat Graduates.

# SATURDAY 12 MAY 2012

Each session will cover one or more of these: therapeutic issues, brief interventions, interventionism, policy, management/building business..

## 8.00-9.00am 'EARLY BIRD' SESSIONS

### EMDR: EYE MOVEMENT DESENSITISATION AND REPROCESSING

Presenter *tbc*

This form of psychotherapy helps to resolve trauma-related disorders caused by exposure to distressing events. Learn how, when a traumatic or distressing experience occurs, it can overwhelm usual cognitive and neurological coping mechanisms, the memory and associated stimuli of the event are inadequately processed, and are dysfunctionally stored in an isolated memory network. The goal of EMDR therapy is to process these distressing memories.

### MINDFULNESS MEDITATION

Facilitated by *Sarah Graham*; details as Thursday

### 12-STEP MEETING (open meeting)

Hosted by *John Southworth*; details as Thursday

## 7.50-9.30am REGISTRATION & REFRESHMENTS

## 9.30-11am OPENING PLENARY

**WELCOME AND INTRODUCTION:** by *Anthony Massouras*

### HELPING MEN TO RECOVER FROM ADDICTION

Presented by *Dan Griffin*

List the four areas that recovering men have identified as triggers for relapse and as necessary for growth and healing: self, relationships, sexuality and spirituality. Explore the theory, structure and content needed to run effective groups for men recovering from addiction.

## 11.00-11.30am COFFEE & REFRESHMENTS

## 11.30-1.00pm WORKSHOPS CHOICE OF THREE:

### THE EVIDENCE BASE FOR 12-STEP RECOVERY PROGRAMMES

Presented by *Professor Keith Humphreys*

This presentation will review the emerging, very rigorous research base on 12-step self-help groups and 12-step influenced treatments. Too often disparaged as not being scientifically informed, these programmes in fact have strong evidence of promoting abstinence as well as reducing psychological and social problems. *Sponsored by Betty Ford Center*

### HELPING MEN TO RECOVER FROM ADDICTION, PART 2

Presented by *Dan Griffin*

List the four areas that recovering men have identified as triggers for relapse and as necessary for growth and healing: self, relationships, sexuality and spirituality. Explore the theory, structure and content needed to run effective groups for men recovering from addiction.

### HAZARDOUS AND HARMFUL USE OF TERMS IN ADDICTION

Presented by *Rolande Anderson*

With the best will and intentions in the world, we can alienate those we wish to influence and inform by using words which can be interpreted very differently by others, or do not convey our messages clearly. We need to rethink our language in order to achieve our ambitions more effectively.

## 1.00-2.00pm LUNCH

○ Last chance to buy tickets! At 3.30pm, we will draw the winner of the Crossroads Antigua raffle – prize is a Renewal Week in Antigua worth £2,000; accommodation and all meals for the week are included.

## 2.00-3.30pm WORKSHOPS

## CHOICE OF THREE:

### WHERE EATING DISORDERS AND ADDICTIVE DISORDERS INTERSECT: PHENOMENOLOGY, EPIDEMIOLOGY, ETIOLOGY, COMORBIDITY, NEUROBIOLOGY AND TREATMENT

Presented by *Dr Timothy Brewerton*

Eating-disorder patients with bingeing and/or purging have higher rates of substance-use disorders – and patients with SUDs have higher rates of EDs. Anorexia nervosa has been conceptualised as “starvation dependence”. Food addiction has gained growing scientific validation: highly palatable foods, such as sugar, fat and salt, are reported to have addictive properties in animals and humans. Food and classic addictive substances compete for the same brain pathways and can serve the same functions psychologically. *Sponsored by Rosewood Institute*

### A FAMILY DOCTOR'S EXPERIENCE OF WORKING WITH ADDICTS AND THEIR FAMILIES

Presented by *Dr Michael Gormley*

This leading London GP has been supporting patients into recovery for over three decades. He describes how he became involved in addiction work and his approach to his patients and the selection of appropriate treatment. He will look at family aspects of addiction and the spiritual side of recovery. *Sponsored by Sierra Tucson*

### CONSTRUCT OF ADDICTION: A USEFUL TREATMENT TOOL

Presented by *Rodger Meyer*

Addicts come in all shapes and sizes. The differences are self-evident. A treatment challenge is to find a commonality of shared experience amongst this disparate audience that encourages an acceptance of the problem through identification of these similarities.



## 3.30-4.00pm REFRESHMENTS

Announcing winner of the Crossroads Antigua raffle prize worth £2,000.

○ Drawing of other raffle prizes and announcement of winners.

## 4.00-5.30pm WORKSHOPS

## CHOICE OF TWO:

### "MEN'S WORK"

Presented by *Stephen Andrew*

Explore the traditional male journey and developmental stages, what men are taught, and how these impact alcohol and drug abuse. Learn how to help free men from rigid socialised roles.

### RECOVERY IN PRISON: THE NEW DRUG-FREE WINGS

Speaker to be confirmed

The new drug-free wings are very different to anything that has gone before – but its pioneers must face constant challenges.



**IC&RC DINNER CRUISE  
ON THE THAMES (tbc)**

**THE INTERNATIONAL CERTIFICATION  
& RECIPROCITY CONSORTIUM**

invites you to...




... dinner (highly-subsidised)  
while cruising the River Thames  
on Friday 11 May 2012.

**Boat will dock at the UKESAD venue.**  
Register your interest on the back page.

**WEDNESDAY 9 MAY 2012**

**HELP MORE PEOPLE INTO TREATMENT**

**CREATE MORE GLOBALLY-RECOGNISED  
BOARD-REGISTERED INTERVENTIONISTS**



**THE PRESIDENT AND BOARD MEMBERS OF THE  
ASSOCIATION OF INTERVENTION SPECIALISTS  
WILL MEET WITH  
INTERNATIONAL/UK/EUROPEAN INTERVENTIONISTS  
TO HELP EXPEDITE BOARD REGISTRATION, ACCREDITATION  
AND OTHER COMMON ISSUES  
IDENTIFIED DURING THE PAST YEAR OF GROWTH IN THE UK**

Attendance is by invitation only – if you are interested,  
please let us know. More details will be at: [www.ukesad.org](http://www.ukesad.org)

14 hours' CEUs are required for BRI-I or II.  
([http://associationofinterventionspecialists.org/  
become\\_an\\_ais\\_member.php](http://associationofinterventionspecialists.org/become_an_ais_member.php)).

## SYMPOSIUM FACULTY

Go to [www.ukesad.org](http://www.ukesad.org) for updates on these and on presentations.

### MILES ADCOX MS LIVING CENTRED PROGRAMME



... is CEO and owner of Onsite Workshops, a leader in therapeutic and educational consulting services worldwide. Miles is also a partner in Peak Performance Brain Training and H Financial Services. He previously ran a long-term, young adult, treatment centre for eating disorders and trauma and has a background in management, PR and business development. He worked in the sports and oil industries before a life-changing transformation where he discovered his true passion of leading and motivating people into positive change.

### ROLANDE ANDERSON LANGUAGE OF RECOVERY



... is author of *Living with a problem drinker: Your survival guide* and has worked in addiction since 1978. He is national alcohol project director for the Irish College of GPs and was a founding member of the Irish Association of Alcohol and Addiction Counsellors. He was assistant director of the chemical dependence programme in St Patrick's Hospital then of the Rutland Centre, Dublin. He has been in private counselling practice since 1999.

### ALISON BATTERSBY

... is the recovery lead for the Royal College of Psychiatrists, senior lecturer & consultant in addiction psychiatry at Plymouth teaching Primary Care Trust, and a member of the Plymouth DAAT recovery forum. In her NHS role, she works with Broadreach and Trevi residential rehabilitation, Hamoaze House day service and Harbour Drug & Alcohol Service.

### DAVID BENTON



... is clinic director of Hanmer Clinic Tauranga, New Zealand. After training in the US, he was an alcohol and drug counsellor for Founders Hall Outpatient Service in Vermont, and a counsellor and tutor at the University of Vermont. Returning to New Zealand, he was programme director for the Salvation Army Bridge Programme for alcohol and drug abuse, then manager of the Auckland Methadone Service, among others. He has a masters degree in health science, endorsed in mental health.

### PROFESSOR TIMOTHY BREWERTON MD, DFAPA, FAED, FAACAP



... is clinical professor of psychiatry and behavioral sciences at the Medical University of South Carolina. He is also consultant for the Rosewood Center for Eating Disorders. He served as medical consultant at the National Crime Victims Research and Treatment Center 1996-2001. Dr Brewerton is triple-board-certified in general psychiatry, child/adolescent psychiatry and forensic psychiatry. He is a distinguished fellow of the American Psychiatric Association and the American Academy of Child and Adolescent Psychiatry, as well as a founding fellow of the Academy of Eating Disorders. He is a past-president of the Eating Disorders Research Society and served on the board of the Academy of Eating Disorders, the American Psychiatric Association Council on Children, Adolescents and Their Families, and My Sister's House, a shelter for women and children victims of domestic violence. He published over 120 scientific articles and book chapters on v eating and related disorders. He is the editor of the *Clinical Handbook for Eating Disorders: An Integrated Approach*.

Please turn page for more presenter details>>

# SYMPOSIUM FACULTY

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## OWEN BOWDEN-JONES MSc MRCPsych MB ChB



... is consultant psychiatrist and honorary senior lecturer at Imperial College. He works in both the National Health Service and private practice, holding appointments at the Chelsea and Westminster Hospital, Priory Hospital Roehampton and Westover Clinic in Chelsea. His Masters thesis at Imperial College examined innovative treatments for addiction; he is now chair of the Faculty of Addictions at the Royal College of Psychiatrists. Most recently, Owen founded a clinic offering treatment for 'club drugs' such as ketamine, mephedrone, GHB/GBL, crystal meth and legal highs.

## DEIRDRE BOYD CONCORDAT UPDATE



... is cofounder/organiser of UKESAD and the Concordat of rehabs, and is CEO of the Addiction Recovery Foundation. She is editor of *Addiction Today*, and author of *Addiction & Recovery: Self-help for families, friends, addicts*, as well as mental-health charity Mind's booklet *Understanding addiction/dependency*. She is a member of the Centre for Policy Studies' Prisons and Addictions think-tank, and a founder-member of the Recovery Academy and the Recovery Group. She was a trustee of the National Assoc for Children of Alcoholics UK. In 2006, ICAA awarded her the Dr Vincent Bakeman memorial award for Outstanding Community Service; in 2010 she received a Sierra Tucson Pillar of the Community award. She was given the 2011 Influencer Award by the Directory of Social Change and the public.

## TOM BRUCE ACCREDITATION

... is a therapist at Castle Craig Hospital and has been responsible for introducing the ICADC – International Certified Alcohol and Drug Counsellor – 'gold standard' accreditation to the UK.

## DAVID BURROWES, MP POLITICAL CONTEXT



... is parliamentary private secretary to the minister responsible for government policy, Oliver Letwin, supporting him particularly in relation to drugs and alcohol treatment and policy reform. David helped to lead the Conservative Party's social justice policy review in 2007 concerning drug and alcohol addictions, which led to the groundbreaking *Breakthrough Britain* report which has informed government policy.

## GAVIN COOPER BUILDING RECOVERY COMMUNITIES



... is CEO of TTP/Trust The Process, alongside Tom Kirkwood who is development manager. They offer over 200 'recovery beds' and their services range from community drop-in to intensive residential therapy, from tier 3 to tier 4. He is a trustee of the Addiction Recovery Foundation, which organises UKESAD.

## JUDY CRANE HEALING FROM TRAUMA



... is founder and executive director of The Refuge-A Healing Place, founded in 2003 to begin where most other treatment modalities end, being specifically focused on trauma resolution/addiction/PTSD. She has over two decades' experience working in residential and outpatient settings. She earned her BA at Rutgers, MA from NY Institute of Technology and is a certified addiction professional, certified sex addiction therapist, certified hypnotist, EMDR and a specialist for healing trauma and PTSD.

## LUCY DEAN OFFENDERS AND MENTAL HEALTH

... is research manager at Rapt, the Rehabilitation for Addicted Prisoners' trust charity.

## ALI CROSSLEY REFORMING ADDICTION POLICY

... is addictions lead at the Centre for Social Justice, an independent think tank founded by Iain Duncan-Smith.

## JOHAN DE GOEDE EXPERIENTIAL PROCESSES, SPIRITUALITY

... is head of the addictions unit at Montrose Place and has many years of experience in working with addictions. He has a special interest in the therapeutic use of creative writing ([www.montroseplace.co.za](http://www.montroseplace.co.za)).

## FIONA ELLIS SURVIVORS OF CHILDHOOD ABUSE

... heads up, with Clare Wilson, Clarifi Consulting which delivers social work services, training for family support and frontline health professionals groundbreaking programmes of self-healing for adult survivors of childhood sex abuse. She is an independent consultant specialising in early years and children's centres and project management.

## 'FAT TONY' PERSONAL STORIES



... Tony's DJ'ing career began 25 years ago – he has guested in the clubbing capitals of the world such as London, Ibiza, New York, Sydney, Hong Kong, Moscow, China and Melbourne as well as parties for Madonna and George Michael, Prince, Pet Shop Boys, Boy George, Luther Vandross, Sade, Michael and Janet Jackson. He reckons he blew £1million on cocaine – but entered rehab in 2007. He now blends his mainstream DJ'ing with establishing (with Boy George) clean and sober nightclub events such as the fortnightly Godspeed.

## REBECCA FLOOD MHS, LCDC, NCACII, BRI II INTERVENTIONS



... is president of the Association of Intervention Specialists and CEO of New Directions for Women, which treats women individually and with dependent children. With over 30 years' experience in healthcare, Becky has expertise in programme development, implementation and evaluation. She was previously vice president of treatment services for Seabrook House in New Jersey.

## PHILIP FOX MATINEE PLAY - RELAPSE PREVENTION



... is a pioneer in the use of theatre with people affected by addiction. In 1999, he founded The Outside Edge Theatre Company and is its creative director. Edge enables people affected by addiction to achieve and maintain recovery, realise their potential, find an identity and build skills and confidence, and to develop alliances between the recovery and general communities to develop understanding and precipitate change. Phil is involved in a three-year research project with Kingston University studying Edge's *Double Whammy* theatre intervention *Double Whammy*, produced with RAPT.

## BENJAMIN FRY



... studied physics and philosophy at Oxford University then, after a career in business, studied psychotherapy at Regent's College London. He wrote the book *What's Wrong With You* and the eponymous column in *The Saturday Times' Body & Soul* section. He recorded the audio book *How to be Happy*

for Hachette Audio and pioneered *Psychologies* magazine's *Fast Therapy* feature. He was copresenter of BBC 3's long-running *Spendaholics* series. He has a private practice in Harley Street and set up the residential clinic Khiron House to treat trauma. He was a member of the Centre for Social Justice's commissions including mental health. In 2010, Benjamin set up Get Stable to help more people access state-funded Talking Therapy.

**SVEIN FURNES** RECOVERY NETWORKS



... is chair of the European Mutual-Help Network for Alcohol-Related problems, EMNA, which represents over 1million people and families in recovery.

**PROFESSOR PHYLLIS GARDNER** CREDENTIALLING



... is professor of Sociology and Addiction Studies at Texarkana College, and president of IC&RC, the International Certification & Reciprocity Consortium. She is a licensed chemical dependency counsellor, certified clinical supervisor and certified advanced addictions counsellor. She has served the Texas Certification Board of Addiction Professionals in various capacities since 1990 and is a past president of the Texas Association of Addiction & Prevention Professionals. Her most recent role at IC&RC was chair of the credentialing services committee, which oversees the maintenance of all IC&RC examinations and credentials.

**Dr MICHAEL GORMLEY** MA, FRCP FAMILY DOCTOR



... is a longstanding GP in private practice in London's Knightsbridge. Sought after by referrers, his special interests have included addiction, codependency, psychosomatic and complementary medicine. He has been a trustee of the Institute of Complementary Medicine and of the Addiction Recovery Foundation, which organises UKESAD. *Sponsored by Sierra Tucson*

**LAURA GRAHAM** UKESAD COMMITTEE



... is an independent consultant undertaking research, strategy and policy development in substance misuse, mental health and offender management. She writes the Laura Loves Laura Loathes column in *Addiction Today* journal. She previously worked in the Home Office, the Ministry of Justice and the National Offender Management Service.

**SARAH GRAHAM** MEDITATION



... is a counsellor, auricular acupuncturist, drugs and addictions expert. After studying person-centred counselling at East Surrey College, she worked in Priory Healthcare rehabs, gaining the Priory Professional Addiction Therapy Diploma. She is particularly noted for her LGBTQI work but more recently specialises in trauma and neurofeedback therapy.

**DAN GRIFFIN** MA MEN'S RECOVERY



... is author of *A Man's Way Through the Twelve Steps* (Hazelden) and co-author with Stephanie Covington of *Helping Men Recover* (Jossey-Bass). He has worked in the mental-health and addictions field for over 17 years. The recipient of the first fellowship to train as a counsellor at

Hazelden, Dan has worked in drug courts for the past eight years. He is co-author of the groundbreaking curriculum *Helping Men Recover*, the first gender-responsive and trauma-informed curriculum specifically for men.

**ANDREA GRUBB-BARTHWELL** MD



... is CEO of Two Dreams treatment centre and of global healthcare and policy-consulting firm EMGlobal. She was US deputy drug czar director during George W Bush's administration, a member of the White House Task Force on Disadvantaged Youth and its Domestic Violence

Working Group, is past president of the American Society of Addiction Medicine and was named "one of the top 10 doctors in America". She is a trustee of the Addiction Recovery Foundation, which organises UKESAD.

**KATHY GYNGELL** INFLUENCING POLICY



... is research fellow at the Centre for Policy Studies and chair of its Prisons and Addictions Forum. She has chaired and authored two *Addictions* volumes for *Breakdown Britain* and *Breakthrough Britain*, the Social Justice Policy Review for the Conservative Party. She is a blogger/ columnist for the *Daily Mail* newspaper's *Right Minds* forum.

**HEATHER HAYES** MULTIPLE NEEDS



... has 20 years of intervention and addiction experience and is a member of the Association of Intervention Specialists. She has published on adolescent addiction and well as substance abuse and family violence. She is in private practice in Atlanta, Georgia, works as an interventionist and presents on interventions internationally. *Sponsored by Bridges to Recovery*

**MICHAEL HORNSTEIN** DIFFICULT CLIENTS



... is executive director of Alina Lodge – having been a patient there in 1981, after which he has enjoyed continual sobriety. He was on the Little Hill Foundation board of trustees for over 20 years and served as president of the board twice. He worked for 25 years for the Miami Dade school system, then from 1985-2000 was a part time group therapist for the Broward County Commission on Alcoholism, a DUI programme.

**PROFESSOR KEITH HUMPHREYS** PAYMENT BY RESULTS



... was senior policy adviser to the White House Office of National Drug Control Policy (ONDCP) as it drafted its 2010 drug strategy, and has returned to his professorship (research) of Psychiatry and Behavioral Sciences at Stanford School of Medicine. He has a research paper in press on payment by result research. He had also been a member of the White House Commission on Drug Free Communities. He was awarded an honorary Professorship of Psychiatry at Kings College, London.

**GAIL JONES** OFFENDERS



... is deputy CEO of RAPT, the Rehabilitation for Addicted Prisoners trust, having previously headed up research and development. She has a Msc in health psychology and a post-graduate diploma in counselling. She was involved in the development of the CARAT service in England and oversaw a 12-step treatment programme for young offenders at Aylesbury Youth Offenders Institution. *Sponsored by the Rehabilitation for Addicted Prisoners trust.*

# SYMPOSIUM FACULTY – PRELIMINARY LISTING

Go to [www.ukesad.org](http://www.ukesad.org) for more indepth details of presenters, as well as updates on these and additional speakers, and on presentations.

## JOHN F KELLY SCIENCE ON MUTUAL AID



... is associate professor in psychiatry at Harvard Medical School, associate director of Massachusetts General Hospital-Harvard Center for Addiction Medicine and programme director of Addiction Recovery Management Service. A leader in programme evaluation and addiction treatment and recovery research, Dr Kelly is a consultant to the White House Office of National Drug Control Policy, the Substance Abuse and Mental Health Services Administration, the Center for Substance Abuse Treatment and the US Department of Education. He also serves on the executive committee of the American Psychological Association, Division on Addictions, and as a scientific consultant to the National Institutes of Health. He has published over 70 scientific articles, reviews and book chapters on addiction.

## TOM KIRKWOOD BUILDING RECOVERY COMMUNITIES



... is director of development for TTP/Trust the Process. He has a diverse business background mainly in developing growth strategies for new companies. With an MBA from Ashridge Management College, Tom's role is to develop government relationships and encourage adoption of the TTP Recovery Community model. He has been instrumental in TTP growing from a new business entrant to the addiction treatment field in 2006 to now having over 17 services throughout the UK with over 200 beds.

## Dr JACK KUO DUAL DIAGNOSIS



... works as a consulting psychiatrist for Promises Treatment Centers, Malibu. He began in the field of addictions as an outreach counsellor for homeless teenagers in Waikiki, then completed his psychiatric residency and addictions psychiatry fellowship at Cedars-Sinai Medical Center. He has taught a course titled *Biological Perspectives on Co-occurring Disorders* for the UCLA Extension Program, presented on addiction for the American Psychiatric Association and appeared on TV as an expert on treating addiction.

## BRAD LAMM BRI-I, CAI CHANGE THE PERSON YOU LOVE



... has been helping literally thousands of people to get sober and stay sober for years. Highly motivated and with long-term sobriety himself, he is a board-registered interventionist, a teacher and speaker, and founder of Intervention Specialists. Previously a news anchor, his TV work today centres on his family systems work and teaching people how to begin change in their own lives, and the lives of those they love. Brad's Change seminars bring the topic worldwide. St Martin's Press will publish his book, *How to Change Someone You Love*, in 2010.

## ROKELLE LERNER CODEPENDENCY



... is one of the most sought-after speakers and trainers on relationships, women's issues and addicted family systems. Awards for her work include *Esquire's* "Top 100 Women in the US Who Are Changing the Nation". Rokelle is cofounder of Children Are People, used in thousands of US schools. She has been a guest on TV shows such as *Oprah*, *Good Morning America* and *CBS Morning News*, and authored the bestselling books, *Living in the Comfort Zone: The Gift of Boundaries in Relationships*, *Affirmations for Adult Children of Alcoholism*, *Affirmations for the Inner Child* and *Narcissists and Their Relationships*. She facilitates the InnerPath Retreats for Cottonwood de Tucson in Arizona.

## JOHN LEVINE MUSIC AS THERAPY



... has been creating original music and playing piano since he was six. He graduated as a composer from Sydney University Australia and worked with bands like INXS and Midnight Oil as well as composing jingles for Saatchi and Saatchi and Coca-Cola. To pursue his belief in meditation and the healing power of music, he developed 'alphanumeric'. Over 200,000 copies of his alphanumeric CDs including *Silence of Peace* have been sold – and calmed audiences at the Concert for Diana at Wembley Stadium and Live Earth concerts.

## TAMMY MALLOW MSW DUAL DIAGNOSIS

... works with Behavioural Health of the Palm Beaches, and is copresenting with Dr Tami Star.

## ANTHONY MASSOURAS UKESAD COMMITTEE

... is founder of Mimosa Healthcare, which includes Linwood residential treatment services for alcohol dependence. He is chairman of the Addiction Recovery Foundation charity, organiser of UKESAD. He is also a member of the government's Ambassador Apprenticeship Network and a Management Committee member of the Adult Learning & Skills Council.

## Rt Hon LORD MANCROFT POLITICAL VIEW



... is chairman of the All Party Parliamentary Drugs Misuse Group. He was a cofounder of the Addiction Recovery Foundation and its chairman for 18 years, continuing the link in his current role as patron. London's *Evening Standard* newspaper described him as "the most knowledgeable parliamentarian on the topic of drugs".

## Dr MICHAEL M MILLER MD, FSAM, FAPA ADDICTION



... is immediate past president of the American Society of Addiction Medicine, director of the American Board of Addiction Medicine and the ABAM Foundation. He is vice speaker for the Wisconsin Medical Society House of Delegates. He chaired the ASAM committee which recently defined addiction. He is medical director of the Herrington Recovery Center at Rogers Memorial Hospital in Oconomowoc, which specialises in the treatment of professionals in need of alcohol and other drug rehabilitation.

## DAVE MULVANEY UKESAD COMMITTEE



... is part of the senior management team at the Rehabilitation for Addicted Prisoners' trust (Rapt). He trained as an addictions counsellor with Clouds and King's College University London to post-graduate level. He has over 15 years' experience of frontline service delivery, development, management and training, starting as a social-work team manager at a drug-crisis intervention centre serving 33 London boroughs, then developing services for BME crack users, and evidence- and outcome-based relapse prevention & aftercare programmes. He is a trustee of the Addiction Recovery Foundation charity, which organises UKESAD.

## THOMAS PECCA BS, CAS, CSAT, CMAT,CTT INTERVENTIONS



... has a BSc in human services/addiction studies and is working towards a Master's in mental health. He trained in substance and process addictions, had extensive training with Dr Patrick Carnes and is a certified sex addiction Therapist and certified multiple addictions therapist. He

has been with The Refuge-A Healing Place since 2003, conducting process, experiential and psycho-educational groups. He has developed 12 step recovery and SLA treatment into a specific treatment track at The Refuge.

**SIR NIELS OLSEN** EUROPE/SCANDINAVIA/ME ROUND TABLE



... is, with his brother Jorgen, a danish rock/pop music duo who have performed with the Kinks, among others. They have released 12 albums, the latest with Cliff Richard. They won the 2000 Eurovision Song Contest 2000 with *Fly on the Wings of Love*. Niels has also qualified as a psychotherapist and is partnering UKESAD to stage a scandinavian symposium.

**PETER POWIS** EXPERIENTIAL PROCESSES AND SPIRITUALITY

... is a clinical psychologist specialising in the treatment of addictive disorders who has vast experience in running and developing treatment programmes. He has a special interest in the application of spiritual principles to enhance psychological change. He is consultant clinical psychologist at Montrose ([www.montroseplace.co.za](http://www.montroseplace.co.za) [www.breaking-barriers.co.za](http://www.breaking-barriers.co.za)).

**KARRIM RAHMAN** BA(HONS) DTC, CRW, LCSP(PHYS), APBMD, CRZ



... is a remedial therapist, using therapeutic massage and manipulation, reflexology, Tui Na, counselling and relaxation techniques, including for sports/joint injuries. He qualified in remedial massage in 1993; this involves deep-tissue techniques to assist the client's body to return

to normal functioning. Deep-seated tension can be released, deposits and scar tissue broken down, and nerves freed, clearing pain.

**KEN SEELEY** BRI II, RAS, CNDAI INTERVENTIONS



... is best known for his starring role in A&E TV's popular *Interventions* series. He is a board-registered interventionist, registered addiction specialist and certified national drug & alcohol interventionist. Founder and CEO of Intervention 911, Ken has been clean and sober since 1989. He authored *Face It and Fix It*, based on his toughest interventions.

**CAROLINE SMITH** MA, LPC, LSAC INTERVENTIONS



... is received degrees in psychology and professional counselling from Ottawa University. She has certifications in trauma, abuse, deprivation, chemical addictions, and sexual addiction counselling. She worked at The Meadows in many roles including Survivors Workshop facilitator,

working with leaders such as Patrick Carnes, John Bradshaw, Claudia Black, Terrance Real and Pia Mellody. She then joined the clinical staff at Remuda Ranch Treatment Centers for anorexia and bulimia in Arizona, then Pine Grove Behavioral Health and Addiction Service.

**JIM SMITH** MUSIC, COLUMNIST FOR ADDICTION TODAY



... has travelled over the past decade to rehabs in the UK, South Africa and US – the latter particularly when he won a Winston Churchill travelling scholarship in summer 2011. Jim is also a registered care manager. While undertaking his work, he also visits and writes up rehabs for his column

in *Addiction Today* journal. If you would like your treatment centre to be featured, Jim will be happy to chat with you at UKESAD.

**JOHN SOUTHWORTH** CADC INTERVENTIONISM



... has worked in the field of substance abuse and mental health for over 40 years. After receiving his CADC in 1984 from NAADAC and IC&RC, he provided inpatient and outpatient counselling for groups and individuals, then interventions – he is arguably the world's most successful

interventionist. In 1993, John became programme coordinator for the Physician Recovery Network in Idaho; in 1996, he became its programme coordinator for recovering nurses. He then founded Southworth Associates which implements programmes for professional bodies such as the Lawyers Assistance Program and Program for Recovering Dental Professionals.

**DR JODI STAR** MD DUAL DIAGNOSIS

... is director of psychiatric services at Behavioral Health of the Palm Beaches. After receiving her medical degree, she was chief resident at Children's Hospital Medical Center, University of Cincinnati, with triple board training in pediatrics, psychiatry and child psychiatry. She is also certified by the American Board of Psychiatry and Neurology in psychosomatic medicine and child & adolescent psychiatry. She has taken part in numerous clinical trials and conducted research in the areas of: attention deficit disorder, autism spectrum disorders, mood disorders, eating disorders and "hands on" psychotherapy methods for children, adolescents, and adults.

**MIKE TRACE** OFFENDER ISSUES

... is CEO of RAPT, the Rehabilitation for Addicted Prisoners' trust. Before leaving the United Nations Office on Drugs and Crime in 2003, he was director of performance at the National Treatment Agency for Substance Misuse, and was the deputy UK 'drug czar' 1997-2001. For two years, he was chair of the European Monitoring Centre for Drugs and Drug Addiction.

**CLARE WILSON** SURVIVORS OF CHILDHOOD ABUSE

... heads up, with Fiona Ellis, Clarifi Consulting which delivers social work services, training for family support and frontline health professionals groundbreaking programmes of self-healing for adult survivors of childhood sex abuse. She is an independent social worker and survivor of childhood sexual abuse. Clare wrote the Butterfly Programme for fellow survivors.

**PROFESSOR ROWDY YATES** MBE RECOVERY MOVEMENT



... is senior research fellow and facilitator of the Scottish Addiction Studies group in the University of Stirling. He has worked in the drugs field for almost 40 years and has published widely on addiction issues, including an edited book (with Barbara Rawlings) on drug-free therapeutic

communities, a book on purchasing and management of drug and alcohol services, and an edited collection (with Margaret Malloch) on recovery and ways out of addiction. He is director of the European Working Group on Drugs Oriented Research, vice-president (teaching & research) of the European Federation of Therapeutic Communities and was chair, Addiction Reference Group, Royal College of Psychiatrists (Community of Communities Project). He is a member of the Scottish Drug Strategy Delivery Commission.

**WE ARE GRATEFUL TO OUR SPONSORS:**

Their generous contributions subsidise this symposium/delegate rates so that more professionals and trainees in the field can benefit from world-class experts, exchange knowledge and best practice, and network with like-minded colleagues, raising standards for the ultimate benefit of addicts and their families seeking recovery.

## EXHIBITION SPACE: UKESAD 2012

Throughout the symposium, there will be an exhibition of displays by treatment centres expert in providing full recovery as well as partners such as pharmaceutical companies and drug testing providers. Delegates can stroll around exhibition rooms on two floors, where refreshments will also be served with seating and leisure provision. Winners of free-to-enter raffles will be drawn and announced in the exhibition area. Delegates staying at the venue can breakfast here also.

### The (discountable) cost below covers 3 full days of display facilities:

Size: 4' table + chairs + cloth £490 + Vat – 20% off if paid  
Size: 9' site + table, chairs, cloth £735 + Vat by 21 February 2012  
PLUS

cost per delegate/representative of exhibitor's organisation is £325 each (no Vat). (£275 if paid before 21 February 2012)

To join in the event of the year, please use the reply slip below to inform us of your requirements. If you want to know more about the arrangements for exhibitors, call Melissa Gordon or Suzanne Gooch on +44 (0)20-7233 5333.

### 8th UK/EUROPEAN SYMPOSIUM ON ADDICTIVE DISORDERS

Organisation Name:

Contact Name:

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Postcode:

Telephone:

Email:

### REQUIREMENTS (please tick):

- Size: 5' table £490 + Vat – 20% off if paid  
 Size: 9' site+table £735 + Vat by 21 February 2012  
 Electric socket (free)  Broadband @£12/day – choose £12/ £24/ £36

PLUS  delegates/representatives @ £275/£325 (no Vat) each.

I enclose a cheque for the total amount of £  and accept that the organisers can not be held responsible for any loss, injury or damage which might occur to an exhibitor, his/her representative or equipment prior to, during or subsequent to the Symposium.

Signed:

Print Name:

Date:

### GET A DISCOUNT ON ACCOMMODATION:

After you register, we will give you a discount code to stay at the Guoman Tower: [www.guoman.com/hotels/united\\_kingdom/london/the\\_tower](http://www.guoman.com/hotels/united_kingdom/london/the_tower)  
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### CONTINUING EDUCATION CREDITS: INTERNATIONALLY RECOGNISED 'GOLD STANDARD' QUALIFICATIONS

A certificate of attendance will be provided for those desiring to apply for Continuing Education Credits. The symposium is accredited by UKPCBAD, the UK Professional Certification Board of Alcohol/Drug Counsellors, a member board of the IC&RC ADC International Certification & Reciprocity Consortium of Alcohol & Drug Counsellors. These credits are internationally recognised in over 69 countries including most of the US and Europe. The UKESAD attendance certificate is accepted by a range of UK accrediting bodies.

PHOTOCOPIES ARE ACCEPTABLE

## DELEGATE BOOKING FORM: UKESAD 2012

### 9th UK/EUROPEAN SYMPOSIUM ON ADDICTIVE DISORDERS

Guoman Tower, St Katharine's Way, London E1W 1LD.

Tel: +44 845 305 8335

10, 11, 12 May 2012.

To help professionals on a budget, ARF and sponsors subsidise all entry rates, and there are further 'early bird' discounts on the subsidised entry rate, as below.

### Subsidised rate for voluntary organisations:

- if paid before 23 January 2012 £110/day or £275 for 3 days
- **if paid before 31 March 2012** £140/day or £335 for 3 days
- if paid after 31 March 2012 £154/day or £375 for 3 days

### Public/private-sector organisations:

- if paid before 23 January 2012 £140/day or £335 for 3 days
- **if paid before 31 March 2012** £154/day or £375 for 3 days
- if paid after 31 March 2012 £195/day or £425 for 3 days

Please confirm reservation of  places for the full **3-day** symposium at £335/£375/£425 per place (delete as appropriate) TOTAL: £

Please confirm reservation of  places for **1-2 days** only at £140/£154/£195 per day (delete as appropriate). TOTAL: £

Are you interested in attending Interventions meeting 9 May?

Please register interest in river-cruise dinner 11 May (about £25)

### PAYMENT

Please debit my Visa/Mastercard/Maestro account £

Expiry date  Issue no (Switch only)  3-digit CCV

A/C:

I enclose a cheque payable to Addiction Recovery Foundation for £

Name:

Job Title:

Check: have you chosen/ticked your days in top boxes?

Organisation:

Address:

Postcode:

Telephone (including codes):

Email:

Signed:

Print name:

Date:

### CANCELLATION POLICY FOR EXHIBITORS AND DELEGATES:

Bookings cancelled before 2 April 2012: 50% of fee payable.

Bookings cancelled after 2 April 2012: full fee payable; no refunds.

Please return all exhibitor/delegate booking forms to Melissa Gordon/Suzanne Gooch: Addiction Recovery Foundation (charity no 328133)

193 Victoria Street, London SW1E 5NE

Tel: +44 (0)20-7233 5333

Enquiries: [info@ukesad.org](mailto:info@ukesad.org)

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