



THE ARF STORY

The Addiction Recovery Foundation was founded in February 1989 by Lord Mancroft and others who had witnessed people recovering from addiction, and their transformation from being burdens on society to valuable contributors and employers. They saw despair turn to hope and health as their recovery transformed the lives of their partners, parents and children.

At that time, few people accepted that addicts and alcoholics could change. The founders recognised the need for cutting-edge, evidence-based information to help people to recover from addiction/dependency – and to educate counsellors, teachers, personnel managers, criminal-justice system, government and media, even healthcare professionals, in the best practices in prevention and treatment of addiction/dependency, as well as informing them of sources of help.

Lord Mancroft and others approached Methodist minister Leslie Griffiths, who had sanctioned rooms in his Hinde Street church for Alcoholics Anonymous meetings, and thus ARF was born. Leslie served the charity for 15 years and continues his support through his role as Lord Griffiths of Burry Port. Lord Mancroft chaired ARF for 18 years and is now its patron.

Deirdre Boyd joined in 1993 as editor and is now the chief executive.

ARF's success has exceeded its founders' expectations, mainly through *Addiction Today*, the most popular journal in the UK alcohol- and drug-treatment field, and UKESAD, the most popular symposium in the UK and Europe. ARF's projects and achievements are described on accompanying pages.

ADDICTION RECOVERY FOUNDATION

SAVING LIVES. FOR LIFE CHARITY REG NO 328133