



CONTENTS

11 & 12 2008

NEWS>>

4 — 5

Highlights

Mass closure of rehabs... broadcasting to help recovery... cancer links to alcohol... guide clients through risky festive season... and more.

7 — 9

Who's Who of events

The Manchester debate: NTA and alternative research... UK professionals join 800 delegates to learn from largest US symposium on addiction.

11

Alcohol Concern update

Getting into No 10... men and alcohol issues... families and domestic violence... attend AGM and conference on 3 December.

12

EATA update

Looking at clinical governance... returning to treatment-centre accreditation... plus needle and syringe programme, Work and Pensions.

13

DrugScope update

The organisation goes on the road to hear frontline feedback about delivery of the drug strategy... and solicits good practice.

14 — 15

Europe

We summarise the five main priorities of the *EU Drugs Action Plan 2009-2012*, and give updates from the United Nations.

50

Treatment-centre visits

Adastra reaches out to a diverse community, and new innovations improve liver damage while in treatment at Castle Craig.

FEATURES>>

18 — 19

Professional development

Issues in workforce recruitment, retention and equitable wages can be tied to the absence of unified educational standards.

20 — 21

NTA and the seven-year itch

Questions we all want to ask the National Treatment Agency for Substance Misuse – and some surprising answers.

23

Policy | ACMD

Despite the debacle and harm from its decision to downgrade cannabis, the ACMD has decided to repeat the exercise with ecstasy.

28 — 29

Techniques | relationships

Dysfunctional relationships are triggers for relapse back to substance use. We offer escape routes to benefit clients and colleagues.

30 — 31

Criminal justice | families

Workers at the National Offender Management Service conference demonstrated open minds, knowledge and a passion for high-quality work..

33

Policy | youth issues

The state is sustaining, not stopping, adolescent addiction – a dereliction of duty to our present and future which must stop.

39

Techniques | research

Treatment-centre patient reunions should be recognised as significant, motivational follow-ups of long-term recovery.

REGULARS>>

17

NTA: success or failure?

BBC home editor Mark Easton tries to reconcile the figures with contradictory stories – and closures of 13 residential treatment centres.

25 — 27

Cover story: fit to 12 step?

Some people recover readily with 12 step-based treatment, but others cannot – we show a way to engage with the latter, for successful outcomes.

35

Mutual-aid groups

The World Health Organisation and the UK's 'Orange Book' and NICE *Psychosocial Guidelines* recommend mutual-aid groups; we give contacts.

35

Diary

Fill in the gaps in your training: be it cognitive behavioural therapy, motivational interviewing, family issues, or becoming a manager.

36 — 37

Book reviews

Our reviewers save you time, effort and shoe leather by finding recovery books to give as Christmas presents; order online now.

40 — 49

Directory | Referrals

Where you can find organisations to treat people with drink, drug, anorexia/bulimia, gambling and other addictive disorders.

32

Recruitment

Jobs are at a premium – find many more at www.addictiontoday.org by clicking on *Career Development, Jobs and Training* at the top right.

WE ARE>>

The Addiction Recovery Foundation, publisher of *Addiction Today*, is a charity (reg no 328133) whose mission statement is to:

- provide advice, support and guidance to anyone suffering from addiction/dependencies and to those involved in their care
- educate, teach and train professionals working with people with drug and alcohol problems in the methods and practices for prevention of and recovery from addiction/dependency
- conduct and disseminate research into the care and treatment of people with addiction or dependency problems.

ADDICTION TODAY>>

ISSN (as of July 2000) 1471-5511. The opinions expressed by authors in their contributed articles are theirs alone and do not necessarily represent the views of *Addiction Today*.

SUBSCRIPTIONS

6 issues: £55 UK/Europe, £76 rest of world; 18 issues: £139 UK/Europe, £199 rest of world.

TRUSTEES>>

Chairman **ANTHONY MASSOURAS**, Treasurer **JAMES REDPATH**.

Other trustees Dr **ANDREA BARTHWELL**, the Hon **DAVID BERNSTEIN**, Dr **DAVID KEATING**, Dr **JOHN MARSDEN**, **KIM MARTIN**, Dr **MIKE MCPHILLIPS**, **DAVE MULVANEY**, **RIC OHRSTROM**, **JOHAN SORESENSEN**, **PAUL SUNDERLAND**.

Patron **THE LORD MANCROFT**

DETAILS>>

CEO | Editor **DEIRDRE BOYD** deirdre@addictiontoday.org Finance **DINA LIHACHEVA**, **ANTHONY SCRATCHLEY**
Marketing | admin coordinator **MELISSA GORDON** reachingout@addictiontoday.org
Subscriptions | administration **SUZANNE GOOCH** projects@addictiontoday.org tel: 020-7233 5333
Advertising **DAVID LEONARD** david@addictiontoday.org tel: 0845-345 5251 fax: 0870-836 2388
Cover | magazine design **RICHARD ROCKWOOD** Printer Teronto Digital www.terontodigital.co.uk
Addiction Today copyright © 2008 The Addiction Recovery Foundation, 193 Victoria Street, London SW1E 5NE. Tel: 020-7233 5333 Fax: 020-7233 8123 enquiries@addictiontoday.org